

Lambda

Laurentian University's Student Newspaper
Le journal des étudiant(e)s de l'Université Laurentienne
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I don't like it, myself, when
someone says to me
'Forget about your land.'
- Ovide Mercredi

Ovide Mercredi
Delivers Keynote
Address. Pg. 16



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Sponsorship at
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Raising Awareness Since 1961

Ontario university presidents push Martin for more funding

by Meg Murphy

The Varsity

TORONTO (CUP) — With a strong dose of flattery and a selective memory, Ontario university presidents are anxiously attempting to wrangle what funds they can from the federal finance minister.

The Liberals' \$2.29-billion transfer payment cuts to post-secondary education in his first term were set aside last Friday morning when Paul Martin met with the Council of Ontario Universities, a lobby group comprised of the province's university presidents.

Instead, Martin was introduced by council chair and University of Toronto president Robert Prichard as "living evidence of the merits of the Ontario university system," and, despite his 34 per cent cutbacks to the sector, was applauded as an example of "great leadership."

The council then appealed for Martin's help in aiding struggling students and suffering research initiatives, both results of federal and provincial funding cutbacks.

"As a result of government activity, the pressures on students and the next generation as well as institutions have become very difficult to handle," acknowledged Martin, outlining the sacrifices necessary for a balanced budget.

But the finance minister arrived ready to re-invest in the future. He says the joy of a shrinking deficit must be complemented by an educated workforce if we are to ensure future prosperity.

"What is it that the government can do with a limited number of resources that will really pay off?" he asked the council.

The council argued that national grants, loans, loan-forgiveness, tax incentives and a focus on debt-load management must all be em-

ployed to address student needs.

Such a student aid checklist comes with a hefty price tag, however, and the council is challenging the government to put up the cash.

Pointing to the latest U.S. budget, which earmarked \$40-billion for student aid to be divvied out over the next five years, they requested comparable support.

"We need a similar proportionate investment by the government of Canada in student aid," said Prichard.

Barry McCarten, executive director of the Ontario Undergraduate Student Alliance, which represents six student councils in the province, says this strong emphasis on student aid marks a sea-change for the council and is very welcome.

He says the alliance feels student debt loads have become intolerable. Requesting student aid backing when the federal government is in a giving mood was a smart move, McCarten said.

Wayne Poirer, chair of the Ontario component of the Canadian Federation of Students, adds that the council's emphasis on a national grant system, while much-needed, was certainly surprising.

"I hope we have a more consistent message from the COU," he said, pointing to their lobbying efforts last year to deregulate tuition fees which excluded mention of a national grant reprieve.

McCarten says asking the feds to reinvest some of the funding they pulled from transfer payments to the provinces would have also made sense.

Federal cuts to transfer payments have resulted in provincial funding cuts to university operating budgets. These have led to increasing

tuition and the growing need for student aid.

When asked why the council did not lobby for increased federal funding for universities, Prichard said the provincial government is the appropriate target for such pleas.

But the federation says the council is being shortsighted if it doesn't think federal transfers need to be restored and the responsibility to post-secondary education be made transparent by eliminating the Canada Health and Social Transfer.

Implemented by Martin in the Liberals' first term, the transfer combined bundled payments for post-secondary education, health and social assistance into one block. As a result, the funding formula decreased the cash portion of the transfer to \$12.5 billion in 1997-98 from \$18.8 billion four years earlier.

The cash floor of the transfer will decline in real terms very quickly on a per capita basis as Canada's population continues to grow, says the federation.

The council also argued that the federal government must accommodate different provincial approaches to student aid. In Ontario, the provincial government has unsuccessfully been lobbying the feds to set up an income-sensitive loan repayment program.

Increased funding for research granting councils and greater support for social sciences were also pressed for diligently. In the Liberals' first term, federal allocations to the country's three main research granting councils were reduced by \$92.2-million.

Finally, the council argued that the feds must enable greater mobility for study abroad.

Bank expert says people pay more interest than they should on loans, including students

by Julian Scott

The Manitoban

WINNIPEG (CUP) — You may be paying more interest on loans - including student loans — than you think you are.

According to banking expert Kerniel Aasland, Canadians are paying more interest on their loans and mortgages than they should be because of the way major banking institutions in this country are interpreting an important provision of the Canadian Interest Act.

Aasland says many banks are either ignoring or misinterpreting section six of the Act, a piece of legislation meant to protect citizens from being exploited by money-lending institutions.

This section stipulates that banks must state the annual rate of interest in agreements with their borrowers, or else the interest payable is automatically set at a low level — between zero and five per cent, depending on the loan.

While it is true that financial institutions declare annual interest rates on loans and mortgage agreements, it is common bank practice to break up those rates and apply them a number of times over the course of the year. In this way, the interest compounds on itself and borrowers pay a somewhat higher rate than they originally agreed to.

Making matters worse, says Aasland, is the fact that nothing has been done in the Canadian courts to rectify the situation.

"The [Canadian] courts have always ruled that essentially this sleight of math is okay... which is bullshit, and any mathematician can tell you that. Any person with a calculator can tell you that," he said.

David Phillips, vice-president of the Canadian Bankers Association, declined to comment in any

depth on section six of the Investment Act and how major financial institutions approach it.

"The Interest Act has been the topic of much academic and judicial consideration," he said. He adds that the provinces are currently pursuing a initiative to "harmonize disclosure rules in Canada."

This initiative, however, has nothing to do with reconciling actual rates of interest on loans with perceived rates. The provincial governments are instead working to establish a uniform method of interest rate calculation.

"[The provinces] are not trying to rectify anything," Aurele Robert, a spokesperson for the Manitoba Consumers Bureau, said, alluding to the fact that the Investment Act is a federal law, and therefore cannot be changed by the provinces.

"The harmonization is not trying to rewrite the Interest Act or the Bank Act. The harmonization is just there to make it easier for businesses in the giving of loans, operating in each province under the same rules," said Robert.

Jennifer Storey, deputy chair of the Canadian Federation of Students, says she is very concerned that students may actually be paying more interest on their student loans than they think they are.

"The fact that the banks are getting away with this, and the fact that the federal government hasn't done anything to change it, just shows that public policy in Canada these days is not being written for the average student, the average consumer, or the average would-be home buyer.

"It is being written for the corporate sector [and] it is oriented more towards profits than it is towards people."

Pot legalization movement picks up steam

by Michael Dobie and Sharon Aschaiek

The Link and The Excalibur

MONTREAL (CUP) — The movement pushing for the legalization of marijuana is gaining strength as a nascent pro-pot political party gets ready to run candidates in the upcoming Quebec election while Torontonians are being invited on the Can-Abyss train.

The Bloc Pot is being organized by 28-year-old Montreal musician Marc St. Maurice, a six-year veteran of marijuana activism.

He has collected the nearly 1,000 signatures needed to get official party status and is looking for 10 people to run for office. St. Maurice says lots of people have stepped forward, adding that it only remains to work out who will run in what riding.

One of those who has thrown his hat into the ring is Larry Duprey, who owns a pot paraphernalia store in Montreal.

By putting pot on the political agenda, Duprey says activists are looking for a gradual change in official attitudes towards marijuana.

"We've got to look at the edges of this law. We have to dance around it till we get to the centre," he said.

Charlie McKenzie, former chief janitor of the Parti Rhinoceros who now does human rights research

for a United Nations agency, is a consultant for the Bloc Pot.

"Bloc Pot will engage at the provincial level because enforcement is a provincial jurisdiction. Bloc Pot can have an effect because of the polarization of politics in Quebec," he said.

St. Maurice says that electoral races are so close in Quebec that any percentage lost is a threat to the main parties. This will ensure, he adds, that marijuana will be an issue in the next provincial election.

"I'm confident we'll get a man in somewhere," St. Maurice said.

According to the Canadian Centre for Justice Statistics, the number of people arrested for marijuana-related offences has steadily risen over the past several years. The number increased to 29,562 in 1996 from 27,662 in 1994, reports Now, an alternative Toronto weekly. And those being caught by the long arm of the law for marijuana offences are facing stiffer penalties because of tougher anti-drug legislation which the federal government brought into effect earlier this year.

There are also efforts in Ontario to raise awareness about the need to take a different legal ap-

proach to marijuana. Every Thursday night this fall at the Comfort Zone, a Toronto club, the National Organization for the Reform of Marijuana Laws has been spreading the word about the legalization of marijuana.

"The Can-Abyss train is going to go through that abyss, hopefully pick everybody up, and arrive at destination legalization, whereby we remove the criminal records from these people," Umberto Iorfida, president of the organization, said. He adds that 1.2 million Canadians have a police record for possession of marijuana.

Iorfida says drugs are a health issue and the government's criminal approach has backfired.

"We're treating [marijuana] as a criminal substance [when] we should be treating it as a drug," he said. "We should be sending people who mess up on marijuana or any drug, for that matter, to doctors."

He adds that he foresees the legalization of marijuana by the year 2000 due to government cutbacks.

"It will come because the country can no longer afford the so-called 'war on drugs'," Iorfida said.

Ontario college strike on the horizon

by Jesse N. Clarke

The Varsity

TORONTO (CUP) — A strike looms at Ontario's community colleges as an overwhelming majority of faculty have rejected their latest contract offer and there is no end in sight in the dispute.

Ninety five per cent of faculty at Ontario's community colleges recently voted against the latest offer from the Council of Regents, the ministry-affiliated regulating body.

The Ontario Public Service Employees Union, which represents all teachers at the 25 community colleges in the province, says this near-unanimous rejection of the offer sends a strong message.

"Hopefully, the 95 per cent rejection vote has put an end to this nonsense," Ted Montgomery, president of the local representing all faculty, said, alluding to management's bargaining position.

In the rejected offer, management proposed a new workload formula to replace the current one, which

was put in place after a province-wide strike in 1994. The formula guarantees teaching hours for class preparation, curriculum development and student evaluation and feedback.

"Colleges are not in good shape, morale is low," said Montgomery, citing increasing class sizes as one example of how students are getting less value for their rising tuition fees.

John Tibbits, president of Conestoga College in Kitchener and bargainer for the council, says management is simply looking for more flexibility in a time of fiscal constraint.

"These issues do not affect quality education, they're about flexibility," he said. "The colleges need to be more market-oriented and market-driven."

But Larry Olivo, a professor at Seneca College, says it is this precise attitude which has the faculty up in arms.

WHERE IS EVERYBODY?!?

by Sarah Viau
Asst News Editor

Amidst all the excitement of the teachers' strike, one very important, relative issue has fallen deeply into the shadow of the evil monster called Bill 160. Enrolment rates in universities and colleges are down, a consequence of escalating tuition fees and poor management of government-assisted loan programs.

Laurentian University's Office of the Registrar recently released the enrolment statistics for the 1997-98 academic year. According to these numbers, Laurentian is beginning to experience a decrease in overall full-time enrolment, from 4,411 last year to 4,129 this year. While Laurentian was able to recruit 1,041 first-year students this year, that number dropped by 52 in just one year. Part-time enrolment is no exception to this disturbing occurrence. 1,668 part-time students are registered at Laurentian, a drop of 176 students from last year.

Mike Grube, devoted president of the Students' General Association, assures that although a 4.8% decrease in first-year student enrolment was experienced, that number is still inside the school's budget allowance of a 5% drop.

The position of the government, according to Tom Froese, parliamentary assistant for Universities and Colleges to the minister of Education and Training, is that the individual student, not the society as a whole, benefits most from post-secondary education.

Consequences of this mentality are seriously detrimental, not just to our level of education but to our country as a participant in the global economy. The individual student is required to pay a larger portion of tuition than the government allocates. This ultimately means that

enrolment rates will continue their decline, since fewer and fewer people will be able to afford to attend a post-secondary institution. As enrolment rates drop, so does the number of graduates leaving university with the education necessary to enhance the country. Tuition fees would become so high that those who are brave enough to risk the gamble of education would not be able to pay off their student debt until their mid-forties. Then, maybe they can buy a house. The result: a stagnant economy due to increasing student debt.

There's all that and then some.

How is this possible future going to affect the services in the school? LAMBDA, for example, has suffered a loss of \$10,000 over the last two years to our levy, which now rests unstably at \$32,000. Mike Grube has also reported that the SGA has suffered a loss of approximately 200 students this year alone. Laurentian's student and community radio station also anticipates it will suffer financially. The station, like LAMBDA, receives a levy of \$10 per SGA student. Due to the downturn in SGA memberships, CKLU projects a possible shortfall of \$40,000 in levy-based funding over the next five years. How long are our programs going to survive under the government mentality that is already slowly sucking them dry?

Interestingly, although first-year enrolment has dropped, the quality of incoming students seems to be increasing. "Over the years, Laurentian has been very successful in attracting top students," says Ron Smith, Registrar at Laurentian University. This year over 260 Ontario scholars registered at Laurentian, an increase of 23% from last year.

"This increase is the result of Laurentian's enhanced scholarship program, through which students who register at Laurentian with an average of 80% to 89.9% automatically receive a scholarship of \$1,000, while those with an average of 90% and above are automatically awarded a scholarship of \$2,500," explained Ron Smith. Since the scholarships are renewable for four years, the university projects that it will be able to retain these quality students. This is encouraging information, but it doesn't mask the problem.

University and college tuition fees are continuously on the rise, and so is the cost of living. The repercussions of this are comparable to a row of dominoes, and, unfortunately, the first one has been pushed. Once again, it is the students who are suffering while waiting almost powerlessly for the government to make decisions which are actually beneficial to them.

Notice, that's *almost* powerlessly. We live in a democracy, so there is something we can do. It is not enough anymore to hope or feel confident that the government will find the solution best suited to meet the needs of the students - the government doesn't even know what these needs are. Pressure needs to be put on the government. They need to hear the voice of the students. The Students' General Association, very committed to achieving a refined financial assistance program, urges students to express their opinions by writing letters to Helmut Zisser, director at the Ministry of Education and Training, and Dave Johnson, Minister of Education.

Looking Back: 30 years Nag's Head Issue Pushed Alcohol and Our Society

Lambda
October 27, 1967

One of the major problems which has faced society for generations is social drinking. The major contributing factor to this problem has been the attitude of the public toward alcoholic beverages and their uses. The attitude, to say the least, has been extremely unhealthy. The Stanford Report has at last drawn this problem into the forefront of national awareness.

Certain parties in the Laurentian University community have long been aware of the problem of student drinking, for it is realized by most social observers today that drinking habits are generally formed in youth, and more than not, while many young adults are in attendance of a university.

With this problem in mind, a group of concerned educators, clergymen, and businessmen in the Sudbury area have joined together to take corrective action on this problem. The problem is basically this: students are learning their drinking habits in local beerhalls where the atmosphere is not at all conducive to good or proper drinking. When

one sits in a hotel or tavern in Ontario today, there is a constant sales pressure to continually purchase alcoholic beverages. One cannot blame the proprietor. In most instances his livelihood is dependent upon these sales.

However, in order for a young person to attain proper habits of drinking, he must relax in an atmosphere which allow him to partake of alcohol, free of the psychological pressures which are prevalent in many drinking establishments today.

It is our opinion that a pub should be located on the campus of Laurentian University.

It is our opinion that this pub is essential to a student's attaining a proper attitude toward alcohol.

It is our opinion that the majority of students at Laurentian University stand solidly behind the proposals set forth by the Nag's Head Committee.

It is our opinion that the students of Laurentian University are mature and responsible students.

It is our opinion that the privilege of such an establishment on campus would not be abused by its stu-

dents.

We readily realize that proposals of this nature have never been fulfilled in any part of the North American continent. These proposals are unique. Consequently, there is no precedence upon which one can base any concrete action. We appreciate the position of the Board of Governors, realizing the tremendous moral demand made upon each and every member of the Board. They have become the focal point of the entire issue to date. Their decisions may well set that precedence. We feel that the decision of the Board of Governors will affect not only the welfare of the students of Laurentian University, but also the welfare of every student in every university in Canada.



LU NEWS BRIEFS

by Sarah Viau
Asst News Editor

LU Promotes Native Awareness

November 3 to 9, this week, has been designated Native Awareness Week at Laurentian University. This event provides the community with an opportunity to become familiar with First Nations peoples and their contributions to society. This year's theme is "In the Spirit of Sharing".

The events for the remainder of the week include workshops, featuring the following experts: Katie Rich; Rudy Platiel, former *Globe and Mail* reporter; Wes Whetung; Jan Longboat; Drew Hayden Taylor; Sylvia Maracle; Mazatl Galindo, the Mexican Ambassador to Canada; and Alanis Obonsawin.

The week will end on Saturday with a pow wow, featuring host drum Chi-Noodin, in LU's Great Hall.

Visit LU during the Strike

Secondary school students have been invited to visit the LU campus during the teachers' strike. Guided tours are being offered for the duration of the strike.

Quite a few students from Sudbury and from out of town have already taken advantage of this invitation. During the first week of the strike, students came from North Bay, Oshawa and Toronto, and this week Pembroke students will be the guests of the university.

Communiqué

Semaine de sensibilisation à la culture autochtone

Cette semaine, du 3 au 9 novembre, les membres de l'Université Laurentienne célèbrent la Semaine de sensibilisation à la culture autochtone. Cet événement est l'occasion de se renseigner sur les peuples des premières nations et sur ce qu'elles apportent à la société. La thème de cette année est <<Dans l'esprit du partage>>.

Les activités pour la durée de la semaine incluent divers ateliers avec les experts suivants: Katie Rich; Rudy Platiel, ancien journaliste au *Globe and Mail*; Wes Whetung; Jan Longboat; Drew Hayden Taylor; Sylvia Maracle; Mazatl Galindo, ambassadeur du Mexique au Canada; et Alanis Obonsawin.

La semaine terminera le samedi avec un <<pow wow>>, auquel participera le joueur de tambour Chi-Noodin, dans le Grand Salon de l'université.

Visiter l'Université Laurentienne durant la grève

L'Université Laurentienne invite les élèves des écoles secondaires à venir visiter l'université pendant la grève des enseignants. Tant que durera cette grève, le Service de liaison de la Laurentienne offrira des visites guidées du campus.

Beaucoup des élèves ont déjà pris avantage de cette invitation. La semaine passée, les étudiants de North Bay, Oshawa, et Toronto sont venus, et cette semaine l'université reçoit les élèves de Pembroke.



City Politics
affects your
University and
your Future

Laurentian is in
WARD 6 - You
have a vote -
USE IT!

On November 10, Elect The Candidate who was an SGA Vice President, a Professor and Vice President Academic, who understands your issues and will listen to you.

CHRIS NASH - WARD 6

The Amiable Librarian



Letter to the editor:

I am writing to you to express my deep disappointment with the SGA when sex therapist Sue Johanson came to Laurentian. I was really excited when this day came because I wanted to ask about some concerns that I have in my relationship, so I thought it would be a good idea to bring my boyfriend with me. Unfortunately, he is not a Laurentian student or an SGA member so this counted heavily against us. We were denied access to the pub simply because he was not an SGA member. But I was more than willing to sign him in, just like I have to do for any other pub event, I was even willing to pay a fee to the SGA so that my boyfriend and I could have access to see Sue Johanson but I was still turned down. You really have no idea how pissed off I was about this and although it has been about months past, I am still quite mad today. So, I am using my student voice to express my right to speak up. If the

SGA is going to have special events such as this why don't they advertise that only SGA members can attend? Does that mean that for all concert events comedians, hypnotists etc., I know that I can attend and my boyfriend can't, this pisses me off. I feel that I pay enough money to the SGA that they could at least let someone (my boyfriend) attend at least one event, don't you think that's fair? It seems as though the SGA is lacking in several ways in the services department for advertising etc. One example is the flop of the concert that was held her last week. The Vice president of the SGA services should really take these things in to consideration and maybe she won't have such a bad reputation. So, just make sure when you plan your next event that everyone knows that "SGA MEMBERS ONLY," and I won't waste my time or money, I give them enough as it is. Pissed off

Letter to the editor:

I feel that your entertainment editor could broaden his horizons a little bit more in the paper. Personally, many students are very tired of the same things over and over again. Why not get a little more creative with your section. CD reviews are fine for a little while but maybe it's time to do something else, there could be a little more to discover. Your sections seems as though it is quite easy to do because it is the same thing week after week. Why don't you include some things from the arts or something else. If this person was working in a professional field, (Entertainment) they would probably be out of a job. Sudbury always has a variety of things going on around town other than shitty bands, and Cd reviews. Dear Dharma under your section is quite humorous, but I hope that this person is not a true doctor, that's scary. Is this person for real? I just feel that you could

start doing some sort of a variety in your section. Don't be such a lazy shit, try something new. I would also like to add that I would be in serious shock if he actually gave a CD a good review. I would have to say about 85% of his reviews are bad. If I was in the CD business, he is the last person that I would choose to review my CD's. Maybe if you were more open minded to the music you would be able to give them the proper review that they deserve.

Jimmy Hendrix

Remember, if you wish to write a letter to the editor or want to voice an opinion, Lambda has the right to edit any material for length purposes or otherwise. For more information see Lambda masthead

This column is based on questions or suggestions received by staff members of the Desmarais library, either personally or on the "Compliments/Questions/Suggestions" form that may be filled out near the exit of the library.

Lexis-Nexis Price Changes

Question: I see that the terms of a Lexis-Nexis subscription seem to have changed. Am I imagining this or is it really true?—Curious.

Dear Curious: Alas, the Amiable Librarian must inform you that you are not imagining the change in terms. Effective mid-October, Nexis subscriptions are available for an annual fee of \$45.00, and Lexis-Nexis subscriptions for a \$60.00 fee. The company will however honor any subscription purchased under the former plan.

Lexis-Nexis still remains a spectacular value for students. Do you realize that in real life, if someone who was not a student phoned "Lexis-Nexis Express" to use the service, that person would be charged \$25.00 U.S. for each search performed and \$5.00

U.S. for each document downloaded. You would only have to do one search with four downloaded documents under these terms to make up for what the company charges students.

Finding Periodical Citations in the Library

Question: I am trying to find whether the library has the following citation which I picked up in the *Aquatic Sciences and Fisheries Abstracts*—Lost

4379-2Q24 Applications of SSMI data in the analysis of Hurricane Florence (1988). Allis, R. J.; Sandlin, G. D.; Chang, S. W.*; Raman, S. (Nav. Res. Lab., Code 7225, Dep. Navy, Washington, DC 20375-5000, USA) J. APPL. METEOROL., Vol. 32, No. 10, Oct 1993, pp. 1581-1591, ISSN 0894-8763. En;en.

Dear Lost: The OPAC (online catalogue) will tell you whether the library has a citation you want. Unfortunately, since it only contains references to books, public documents and periodical titles you may not use it to find whether

individual articles are in the library. The trick is to look at a citation and figure out what periodical the article is in. If you get really lost, you can follow the fourth rule of library science which says that in any periodical citation, the name of the periodical always precedes its volume number and the pages in the volume containing the reference. If you note that this citation comes from Volume 32, you can back up to figure out that the name of the journal is.. **J. APPL. METEOROL.**

Drat..now you have the problem of figuring out what all this means because if you looked in the OPAC under the title as it appears above, the library would not have it. So the next problem you often have is figuring out the full names of periodical titles that are abbreviated. If you are using a periodical index, look at the front of the index. If not, you may wish to consult a book held at the Reference desk entitled *Periodical Title Abbreviations*. That will tell you that J. APPL. METEOROL. stands for the *Journal of Applied Meteorology*, and if you check, that journal is held by the Desmarais Library.

Municipal Elections

This is just a reminder to everyone that the Municipal Elections will be on Monday, November 10, 1997. The SGA/AGE will be hosting candidates from Ward 6 on Wednesday, November 5 at 1:00pm in the Student Centre. For those who live on campus or in the surrounding area this is an excellent opportunity to hear the candidates opinions on the issues that are important to you! If anyone wishes any further information on who is running, or what Ward they vote in then they can check out the Municipal Elections Board located just outside of the SGA/AGE office. It is important to remember that the results of these elections will effect each resident directly come January, when the provincial government downloads many services onto municipalities. It will be the newly elected officials who will be dealing with more responsibilities than ever before. So it is no longer just your democratic duty to vote, but also in your best interest.

IMPORTANT ELECTION NEWS

VOTING DAY: MONDAY, NOV. 10, 1997

ADVANCE POLLS: SATURDAY, NOV. 1, 1997

Who can vote? Any person who meets the following qualifications is eligible to vote in the upcoming municipal elections;

Any person who:

- is a resident in the municipality any time between Tues. Sept. 2, '97 and Mon. Nov. 10, '97
- is the owner or tenant of land in the municipality or the spouse of an owner or tenant of land in the municipality

And on voting day:

- is a Canadian citizen
- at least 18 years old
- and not prohibited by law from voting.

IF YOU ARE NOT REGISTERED TO VOTE, YOU CAN DO SO AT THE POLLING STATION ON ELECTION DAY. ALL YOU NEED IS YOUR I.D. AND A PIECE OF MAIL WITH YOUR LOCAL ADDRESS ON IT. MAKE A DIFFERENCE— VOTE!!!

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Lambda is the weekly student

Lambda is the weekly student newspaper of, by and for the student's of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all University organizations, both student and administrative.

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Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

Get in the Ring



by Bryson McCarthy
Columnist

No one is answering my challenges this year. Have I been a little soft on people? Does no one want to step in the ring because I have proved my superiority? Well, this week I am starting an all out war! Who is my first victim? Well, after one challenge, he backed down and I am here to say "Hey Mike Grube! Wake up and accept the challenge!"

No one around the school seems to want to give me any answers to my questions, and since you are stuck in the middle of this, maybe you can help. After my first article about the Ralph's bus I hear you came looking for me and my identity. Let's just say I'm the voice in the dark that hears all.

No one has been able to give a clear cut answer to the debate over why the bus is not allowed on campus and we (the students) have to walk down to South Bay Road to catch a free service which will take us to Ralph's (which we called for!) It's not that bad now, but winter is coming and those of us who do not want to waste our time in the pub day in and day out are going to have to freeze waiting for the bus. What do you know about freezing? Your parking spot is right below the SGA office. Administrative parking, what a plus! Do you accept responsibility for those of us who either freeze or injure ourselves getting to and from this bus? Yeah, yeah, I know it is our

choice if we want to go down to the bus. So why the @#\$! can't it be our choice to have this bus come to rez and take us safely to and from Ralph's?

Don't try to pass this off as if it's not your problem. From what I hear you, the head of security and the head of the pub have meetings every few weeks about this so called problem the Ralph's bus causes. What's the matter, you have nothing better to do with you power? I really want to know why you hate this service so much. You are the president of the Students General Association, but you seem to be thinking like a politician who has business ties that are being compromised? And they are, aren't they? The SGA owns the pub, so why would their mighty president allow a bus to come and take customers away from an establishment he is affiliated with?

You claim this bus promotes excessive drinking. So what the hell does putting a bar right on campus so students can access it during classes and every night without having to drive promote? The same @#\$%ing thing! This bus does no more to promote drinking than do the little SGA posters advertising (promotion at its best) certain pub nights. They don't promote drinking you say? Hello, what the hell do you think a pub is for? The Ralph's bus does nothing to promote drinking. Those of us who want to get on the bus have already made the decision to go to Ralph's and drink. They are not driving around kidnapping us and forcing us to drink at their establishment. If we wanted to go to the Townhouse, Big Thun-

der, Backstreet, or any other bar in town, we would go. Some big yellow bus is not going to change my mind about staying sober.

I understand you are trying to act in the best interest of the student population. Well, maybe you should re-think this subject. The best interest for us is to be able to get to and from an establishment without endangering the lives of others. A free bus service which will pick us up on our doorstep and drop us off in the exact spot later on I think is in our best interest. You explain to the parents of a student why their son or daughter was hit out on South Bay Rd at 2am by a car, or why they fell and broke their leg trying to get back to a residence that Ralph's would gladly have dropped them off at. If you have some wonderful reasons about this, I think the students need to hear it. Why would the driver be charged with trespassing when he is just looking out for the safety of the university students? Why do you not want the students to have safe passage to and from the bar of their choice? How could you, a student who has definitely partied a few times in his university career, not want students to have the safety they deserve?

I want answers and I will give up my space in Lambda next week for your reply if you feel up to the challenge. The students want to know, parents that I have talked to want to know, and I definitely want to know. Come on Grube, give me what I am looking for and get in the ring!

The Truth Behind Bill 160

by Sarah Viau
Asst News Editor

This week marks the second week of the teachers' strike. The protest against Bill 160 has been the most important issue in Canadian news for quite some time. An information session was held in the LU Great Hall on Monday for the University community. From an information sheet prepared by the Ontario Teachers' Federation that was circulated at the gathering, it has become apparent that the details of the arguments being made by the teachers are not receiving the publicity they deserve.

The contentious aspects of Bill 160 are that: the government will be given the ability to control and define the school year, the school day, class size, and preparation time; the Minister of education would be able to redefine who can teach the children.

The implications of such changes? Primarily, de-credentialization of teachers will occur. Secondly, the Minister's control over education will override collective agreements if a conflict exists between collective agreements and the Minister's regulations. Finally, the province will take over management and control of school affairs.

This threat to the education system in Ontario is not a new development. Since the conservative government's rise to power in the province, education has been taking a beating. Shortly after John Snobelen's appointment as Minister of Education in 1995, a video was leaked to the public that showed him saying that to effect change in education, it would be a good idea to create a crisis.

This was the first warning sign. Teacher unions began being left out of consultations with the government on educational initiatives, such as revision of the curriculum and the provincial report card. Comments made by the government about the state of education in the province have been very critical. Promises made by the Minister have been forgotten, like the tool kit to implement major government cutbacks that was promised to teachers by Snobelen, and later rejected by the provincial government caucus.

And it doesn't stop there. The passage of Bill 104 in early 1997 instituted the Education Improvement Commission (EIC). A number of the recommendations made by this commission had an impact on the writing of Bill 160. The government also made many non-democratic moves, such as the change in legislative protocol which made it now theoretically possible to take a bill to final reading within five days of its first reading.

The government has misused statistics, referring to a 130% increase in property tax rate for education since the 1980's, while inflation has ac-

counted for only a 40% increase.

Teachers decided it was time to take a stand.

Ramming Bill 160 through with minimal public hearings has been a major concern of the teachers. There is too little time for consultation or for determining the implications in detail. The government has been assuming that with its majority, it can merely pass the Bill without adequate voting by the public.

It is difficult to determine what the government's true agenda is - to save money or to improve the equality of education. The title of Bill 160 is *The Education Quality Improvement Act*, with subtitle *an Act to reform the education system, protect classroom funding, and enhance accountability, and make other improvements consistent with the Government's education quality agenda, including improved student achievement and regulated class size*. A word search of the Bill indicates the number of times the following terms are referred to: money - 68 times; achievement - 0 times; evaluation - 0 times; quality (a term used in subtitle) - 0 times; class size (a term used in subtitle) - 1 time; accountability (a term used in subtitle) - 0 times.

The government has even indicated that it will not be releasing its new funding model until after the final reading of Bill 160 on November 17, 1997. With the institution of Bill 160, along with this new education funding model, the government will have the tools it needs to roll back teacher salaries in the form of contract stripping.

No doubt everyone has seen the recent TV ads featuring Premier Harris. The different matters discussed by him, such as the new curriculum, the provincial report card, and province-wide testing, are initiatives by the government that are not being contested at all by the teachers. These matters have absolutely nothing to do with Bill 160.

A deep sense of distrust has clearly developed between teachers and the government. In the Sudbury area, teachers already have a very good sense of what can happen to the classroom with major cutbacks. The repercussions of such cutbacks are: very large classes; special education has been virtually wiped out; budgets for school supplies have been drastically reduced; and teacher stress level has been steadily increasing.

Government posturing leads teacher unions, as well as other unions, to believe that the government is bent on weakening or even eliminating unions altogether.

Why I Wish the Snow Would Come Back

by Dylan Callens
Contributor

Put up your hand if you like to romp naked in the snow. The problems with running around downtown and bouncing freely are other people. Especially in the library, nothing good can come from that. They tend to frown upon such an issue, especially the police. Instead, why not get dressed up in warm winter clothes, find a backyard in a quiet sub-division and get into the nude.

Am I crazy, or is there nothing better than cold air blowing against your genitals, while snow falls from the sky, melting as it hits your chest, the water rushing to ice-cold feet. Running around, trying to catch your breath because the sudden change in climate is invigorating. Finally, when it is almost over, extend your arms, as if being crucified, take one last deep breath and fall back into a large pile of snow. Quickly, make a snow angel.

It's a good idea to bring a towel along so you can wipe off the water and snow before putting on your clothes. If you forgot, that's okay because you'll want to get back inside as fast as possible to run a warm bath. Trust me, by the time you settle into the tub, the soothing water will feel sooo good.

Lastly, make a cup of hot chocolate, slip back and read a book, or better yet read the *Lambda* (yeah, that's it!). By the time that you go to bed, you'll get the best night's rest you've ever had. Trust me on this one folks, for some reason this is the cure for insomnia.

The last time that I went out for the brisk frisk I stayed out far too long. By the time I made it home, I thought I was going to die. I went straight into the tub and it took at least half an hour before I got rid of the shakes. Let this be a warning to my

fellow snow streakers: *do not stay out there too long*. I know it's fun but you have to have some self-discipline. You don't want to die. Wouldn't that be embarrassing, dead and naked in a stranger's backyard?

So, when the snow builds again, and you are walking down a quiet little street around two in the morning, unable to sleep, why not run to someone's backyard, strip it all off, and romp around. Romp around until you are too cold to romp anymore, then you know that you have done something fun.

PS — Everyone know the saying, "There's more than one way to skin a cat," right? My question is, what is the one way that everyone knows? *Next Week: Little Billy Finds Something Mysterious*

Word Search/ Mots Cachés

Dans ce mots cachés, les mots à chercher sont donnés en anglais ou en français mais ils sont cachés dans l'autre langue. C'est un petit exercice de traduction. Tous les mots viennent du domaine de l'université et de l'AGE. Nous avons des prix à donner pur les cinq premières personnes (membres de l'AGE bien sûr) qui apportent le mots cachés complété au bureau de l'AGE la semaine prochaine. Il s'agit de la première activité de la Semaine du Bilinguisme.

In this word search, the words to find are given in French or English, but are hidden in the other official language. This involves some minor translation. All the words are about the university and the SGA. Prizes will be awarded to the first five SGA students who return the completed word search next week. This activity is the first to mark the Bilingual Week of Action.

AGE
BILINGUE
DROITS DE SCOLARITÉ
ÉTUDIANT
LIP
SCIENCE INFIRMIÈRES

ANGLAIS
CORPS PROFESSORAL
EHCL
FCÉE
RAFEO

BOOKSTORE
FRENCH
MEETING
SCHOLARSHIP/BURSARY SSR
TRANSLATION

COMPUTER SCIENCE
LANGUAGE
MIDWIFE

B I L I N G U A L N G I N U R S I N G R
F R A A O S X D N Y R X K O Y Q F B M E
A S N D I A F G K U E N G L I S H W E E
C R G Z N T R A D U C T I O N D P S F C
U T U T U N Q S O B S E W C H N L R T J
L I E U E Q S T N E D U T S F E Y S U M
T E S F R A N C A I S T W X F R I M I T
Y E P L B I H P S A G E F E M M E V T H
B O U R S E B A F Y A K U E E T G H I M
V F G M I Q U S S L I B R A I R I E O T
N D E J W A C O E U Q I T A M R O F N I

In My Opinion,

by Derek Serafini
assistant features editor

Imagine this: you are chased from your bed in the middle of the night by a group of militant people who want to kill or imprison you because you believe in democracy. Further imagine that you manage to escape and run away to the harbour. There, you board a boat for another country where you will be safe. After weeks of sailing in less than adequate conditions, you finally arrive on foreign soil where you are greeted by officials speaking a strange language. They manage to convey the idea that they need money and identification if you want to stay there. In haste, you forgot to grab those items and as a result, you were told to leave. Or if you were diligent enough to grab those things, you are shoved into a camp with thousands upon thousands of other people. Living conditions are, at best, squalid and chaos would be a nice word to describe your life. You spend your days walking around and looking for people that you know - you never find any. After a month or so, you are informed that your parents and siblings have been murdered. You are alone, broke, not allowed to work, not allowed to go to school, ...lost.

For me, anyway, this is hard to imagine, but, for thousands of people around the world, it is reality. In my opinion, it is a sad thing that the word "refugee" even exists, but it is

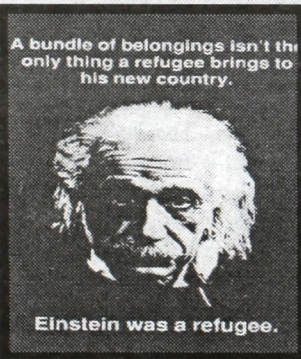
a great thing that countries allow it. Since World War II, Canada has granted asylum to over 800,000 refugees, undoubtedly saving many lives. Other countries, however, are not as open to refugees as we are. Often on minor technicalities, people are denied asylum. I think that it is our duty to help those people who are in need.

Granted, there must be a fairly strict screening system to weed out criminals and abusers of the system, but the system must be there to help those who need it, and the vast majority **do** need it. There have been instances in the past where refugees have entered a country and committed serious criminal offenses. It is this reason that some people, and even countries, look down on refugees.

I cannot begin to imagine what it is like to be in the shoes of a refugee. I'm 19 years old and have never faced displacement on the scale that many people younger than me have had to face. The smallest glitch in my daily routine can throw me out of sync. If I were forced to flee Canada because I was in danger as a result of my beliefs, I would be lost. Without family, friends, or any kind of life to turn to, I would be totally ruined. I just hope that there would be someplace out there where I could be safe - someplace where I would be welcome.

Who Is A Refugee?

A refugee is a person who has fled his/her home country out of a "well founded fear of persecution on the basis of race, religion, nationality, membership of a particular social group, political opinions" etc...We are not talking about delusional people who see conspiracies against them where none exist or criminals looking to escape punishment. This definition is all well and good for official purposes, but who are the real people called "refugees"? Refugees are made up of real people from all walks of life. From peasant labourer to school teacher, to doctor, to artist, no one is exempt. Asylum seekers are of all races, religions, social classes; in fact every variety of individual may be represented.



The majority of refugees are women. In many cases of civil strife, the men are either fighting for one side or the other (either willingly or because they are forced to do so), or they have been imprisoned or killed. In countries that are not equal opportunity states, this leaves women without any protection from retaliatory acts or means for providing for themselves and their families. Because it is not in human nature to simply roll over and accept a horrible fate, many of these women make the difficult choice to flee or are forced to flee. Seeking asylum is often the only hope that refugee women have for

staying alive.

Refugees are a very distinct category from immigrants or economic migrants. We are not talking about people who have any sort of choice whatsoever. Unlike immigrants, refugees do not have the option of returning home. If they do, without the intervention of an outside agency, the very real possibility of punitive repercussions like prison, torture, and death await them. Strict guidelines have been developed in classifying applications for refugee status in order to weed out people who try to abuse the system. For ingrates who think that by claiming refugee status they will get a free ride to a 'land of plenty', the reality is much more severe and those phonies will be denied.

Some of the world's most creative people from the world of art, science, literature, etc...have been refugees. This distinguished list includes Albert Einstein, Sigmund Freud, Mikhail Baryshnikov, Rudolf Nureyev, Marlene Dietrich, Bertolt Brecht, and Victor Hugo to name but a few. If it had not been for agencies and countries sympathetic to the needs of refugees, none of these remarkable people would have been able to make the kinds of contributions to the world that they did. The life of any human being, whether famous or not, is worth living. Refugees, as much as anyone else, deserve a chance to have the very basic necessities of life, a bit of stability and security, and the chance to be happy.

by Sarah MacDonald

features editor

Canada has been repeatedly ranked as the best country in the world in which to live. It is extremely difficult, therefore, for Canadians to imagine having to flee our own country in fear for our lives. Yet this is a horrifying reality for millions upon millions of people worldwide. According to the United Nations High Commissioner for Refugees (UNHCR), in 1994 there were more than 27 million refugees worldwide and that number has since increased at an astronomical rate.

What is it about these millions of people that makes them refugees? They have all had to flee from their home countries because of well-grounded fears of mistreatment, torture, internment, and/or death for reasons of race, religion, nationality, civic unrest, membership in a particular social group, or political opinion. Recent years have added natural disasters, including flood and famine, as grounds for claiming refugee status. These people cannot or will not (because of fear of persecution and death) go back to their country of origin. In many cases, there is no

home for them to go back to.

So what does all of this mean? Well, refugees are people who may have had to sneak away in the dead of night or to quite literally run for their lives. In all likelihood they have left behind everything they own, family and friends, home, and country, not to mention everything that is familiar to them. After they have fled for their lives, no one from their home country can or will offer support or protection; there is no turning back.

It is at this point that the international community is compelled to take action. The United Nations passed a resolution in the early 1950s stating "no refugee or displaced person who had expressed valid objections to returning to their country of origin should be compelled to do so." It is the responsibility of the international community to uphold the most basic of human rights and standard of living, and in all good conscience, do whatever is possible to assist refugees.

One of the principle mandates of the UN, as carried out by the UNHCR is "providing international protection...and...seeking permanent solutions to the problems of refu-

gees, including protection and assistance to groups of refugees fleeing combinations of persecution, conflict, and widespread violations of human rights." There is no embassy, attorney general, supreme court, or any government official from the country of origin whatsoever to act on behalf of refugees. The services provided by the UN and other national and international organizations are not only called upon to facilitate refugees, they constitute the very basic necessities of life.

Nobody chooses to become a refugee. It is, in fact, an extremely traumatic, humiliating, and dangerous situation to be caught in. Refugees have lost everything they know and love and are consigned to live in exile. Not just homes are at stake here; everything from the safety of loved ones, self-sufficiency and basic human dignity have been stolen from refugees. Without any provocation or intent, the world of the refugee is ripped violently and irrevocably apart. It is only due to the fortunate accident of birth that the overwhelming majority of Canadians have never and will never know this kind of tragedy.

On A Personal Note...

by Sarah MacDonald

features editor

It's hard to write objectively about refugees, no matter how much you try. Before I began this feature, I did not feel strongly one way or the other about refugees. Actually, I don't think that I ever even gave the matter any thought at all, just like most of you. Well it did not take long into my research before I began taking a position and forming my own opinions. It is impossible to know the details and harsh realities (to whatever extent that is possible for a non-refugee) of refugees without becoming biased. I dare you to read up on it and still not care.

The tragedy of people who fear for their lives, abandon everything they know and love, leave behind belongings and loved ones is that it happens because of circumstances utterly beyond their control. My first inclination is to stomp my feet and tell the world that it just isn't fair, but even I'm not that naive. The overwhelming injustice of the plight of these people is a pretty bitter pill to swallow. Bear in mind

that refugees don't ask to be put into this predicament, rather, they are hurled into it. And to top it all off, they are repeatedly kicked when they're down by anti-refugee groups, ignorant people, and unsympathetic nations.

rences for those seeking asylum. What??? This makes absolutely no sense to me. We aren't talking about fortune hunters or criminals here. These are everyday people like you and me who got the raw end of the deal, and that was on a good day.

I am the last person to buy into the whole "help me, I'm a victim" trend; this is simply not the case with refugees. These people want to help themselves, otherwise they would have stayed in the shitty situation they were in before. Refugees want to become self-sufficient, contributing members of a society that doesn't want to harm them. That isn't an unreasonable request. Think of it this way: if a parent abuses a child and that child escapes, the outside world has a responsibility to see that that child is protected and is not returned to the abusive environment. The child isn't looking for a hand-out, just a way to survive. The same principle applies when a state abuses its citizens. Lets



The world over, refugees are at best treated as lepers who upset the happy masses. Racist comments, humiliating treatment, deplorable living conditions and physical assault are commonplace occur-

not punish people for trying to stay alive and make things better. It may be cheesy, but I know that we all benefit when others thrive so get informed and get involved.

Processing...

by Derek Serafini
assistant features editor

Refugees, by definition, are people who seek refuge from persecution. The persecution can come about because of their race, religion, social group to which they belong, or political opinion. Refugees no longer feel safe in their own country and are forced to flee to another country. The new country, however, has rules governing the refugees entrance into the country. The rules must be strictly adhered to in order for a refugee to be able to remain in a country.

The first thing sought by a refugee is asylum - a safe place to stay. In Canada, asylum is granted upon reception of the proper information.

When the refugees arrive here, they are forced to pay a "landing fee" of \$975 to the Canadian government. They must also show official documentation proving who they are and where they are from. Both of these regulations can be waived depending on the refugee's monetary and governmental situation. If they don't have the money, they can apply for a loan from the government. If they lack the suitable papers, the refugee can cite the lack of a central government agency in their country to provide them.

After showing these items, the refugee must be interviewed by a senior immigration officer. This

person decides whether the refugee is indeed in danger or not. If the officer concludes that the refugee is in danger, he gives the defector the title of "convention refugee." The United Nations defines a convention refugee as a person outside of his country or his nationality and "by reason of a well-founded fear of persecution" is unable to return to his country. The title of convention



refugee is valid for only 180 days.

During those days, the refugee is entitled to apply for permanent resident status. It is at this time that the foreigner can include the names of family members who were not able to escape, on the application. If the application is accepted in time, the refugee receives a Canadian visa and their family members are allowed to come to Canada.

If a refugee is not declared a

convention refugee, they must leave Canada within 7 days. If they don't leave, they will be shipped out. People who fall into this category would be:

- 1) people that have already been recognized by another country as a convention refugee.
- 2) people without a valid reason for why they are in danger
- 3) people who have been found guilty of serious criminal offenses or those who pose a threat to Canadians or Canadian national interest.
- 4) people already recognized as convention refugees in Canada and whose 180 days are up.

Although the money paid by the refugee goes towards the government, the actual body which makes

decisions about refugees is independent. The Immigration and Refugee board is much less influenced by political considerations than in other countries.

Currently, people who receive a negative decision to convention refugee status are automatically reviewed by the Post Claim Determination Officers. These officers decide

whether the defector should become a member of the Post-Determination Refugee Claimants in Canada Class (PDRCC). If they become part of this class, they are allowed to stay until an officer can re-review the claim. The refugee is allowed to add information to their file that must prove that the risk is objectively identifiable and involve a threat to his or her life, the possibility of excessive sanctions, or the likelihood of inhumane treatment.

Canada is among the world leaders in refugee aid. We were the first country to adopt guidelines that helped officers to recognize the particular forms of persecution suffered by women. In addition, Canada allows the vast majority of all refugee claims to be heard. We provide

interpreters so that claimants who speak neither English or French can communicate, effectively, the reasons for their running away. Canada allows a relatively broad interpretation of the refugee definition whereas, in other countries, narrow and legalistic approaches to the definition ultimately work to exclude many legitimate refugees from protection. Canada permits convention refugees to apply for permanent resident status and thus start a new life in Canada. In many parts of the world, refugees carry a temporary second class for years. Canada also provides resettlement to refugees from abroad. Those refugees who have spent years in foreign camps and are faced with the prospect of having to go back and face persecution may be eligible to start over in Canada.

In 1996 alone, Canada received over 26,000 refugee claims. Only 58% of the claimants were accepted. However, our annual acceptance rate is usually around 70%. Canada is the only country to ever receive the Nansen Medal - an award given for particular service to refugees. It was awarded for our generous asylum policy that aided many refugees.



If It Were You

As hard as it is to imagine, a role reversal with a refugee might help students to better understand what life is like for others who don't have it so easy. Instead of a crappy minimum wage job that you complain constantly about, you wake up at dawn and do odd jobs that are nearly physically impossible for a mere mortal. For pay you are given scraps of food that may or may not still be edible. Even if it isn't safe to eat, you must still bring it home and hope that it, along with anything any other members of your family might have collected, will be enough to get you all through another day.

Granted this is a pretty bad

scenario, unfortunately that does not mean that it doesn't happen. We are all too lucky to have that crappy minimum wage job. The boxes of KD or Mister Noodles that you've become disgusted with would be a feast to an entire family in many under-developed countries. That old cliché about starving children somewhere in the world is a cliché for a reason. How would you handle it if you were lucky if you ate once a day, no matter what the food was.

All the things that we don't even notice in our lives would be stripped away if we were to suddenly become refugees. That coat you grab at the last minute on your

way out the door, the trashy novel that you feel guilty for reading, or the extra pair of running shoes you have for working out are all things that would shock many refugees. What need is there for such things? In a world like ours, these are amenities of life, things that make us comfortable. Comfort is unheard of for the millions of refugees in the world.

Never mind all the things that we've all gotten so used to that we bitch about them without even thinking about it. "There's nothing on TV", "Jean Chrétien sucks", "I want a new car", and the list could go on forever. If it were you who had to flee and become a refugee, you would have nothing, especially any of those luxuries mentioned above. All you have is what you carried with you when you left, whether that be a wagon load or the lint in your pocket.

Not all refugees come from such desolate conditions. Some actually come from comfortable homes with food on the table and warmth in the air. But as soon as they express opinions in conflict with their government's, they become walking targets. Imagine living in a country where you have absolutely no say in what you are and are not being taught, what laws are made and enforced, what the government can and cannot do... Anything, absolutely anything can be twisted around to mean whatever the authority figures want it to mean.

Once you have fled from your country of origin, you may encounter hostile border agents, unwilling

to permit you access to their country. If you can manage to get into the host country, you have yet another challenge; surviving the refugee camp. Many camps aren't much better than the horror left behind. Refugees are treated as criminals, who cannot move about freely, and are in fact kept under lock and key within the camp.

These camps are desperately overcrowded, understaffed, and tragically under-supplied. Without proper food, sanitary conditions, and medicine, these camps become infested with disease and illness. Not only do refugees have to defend themselves against life threatening illnesses, they have to defend themselves against the verbal and physical onslaught of abuse in the camp. As a refugee, you will now have to get used to being unwelcome pretty much everywhere you go whether you deserve it or not.

If the asylum seeker has been granted refugee status, they are usually eligible for some kind of assistance from their host country. Whether it means getting them to the country that they want to settle in, education and housing, or providing job training. The ideal would

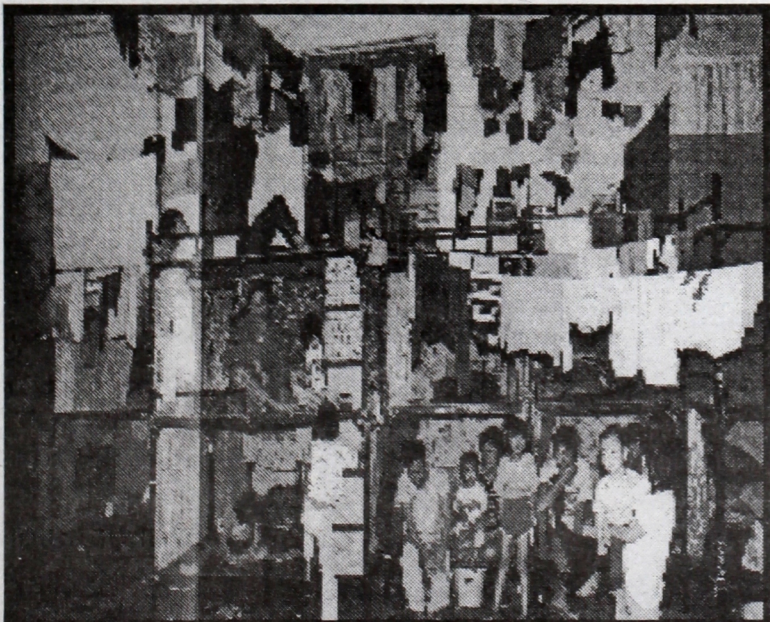
be for you, as a refugee, to be able to find work and support yourself in your new country. With the overwhelming odds against you, it is extremely difficult.

You've made it out of your home country, through the refugee camp, and have landed in your new

country. Now what? If you don't know the language, you've got to learn it. Then you must try to learn the customs, fit in and contribute to the society and culture in which you now live. This is an overwhelmingly difficult time, both emotionally and mentally for any-

one in this situation. Now add on top of that the fact that you are probably all alone, with no idea about the safety of the family and friends that you left behind.

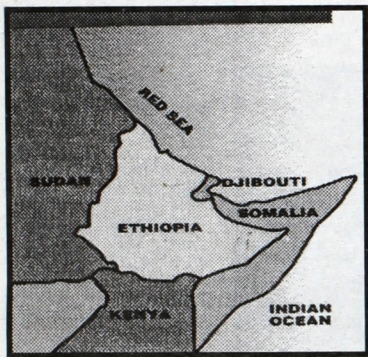
It takes a very desperate person to become a refugee but it takes a very strong and determined person to make it through being a refugee and come out on the other side. These are people who face unimaginable obstacles, endure all manners of hardships, and a loneliness the rest of us could probably never even conceive of. These aren't people who deserve any medals here, just a little understanding and the same chances as anyone else.



Each tiny cubicle is home to an entire family.
How big is your home?

Where Do Refugees Come From?

Refugees come from a great variety of countries on nearly every continent in the world. A great number of countries have a refugee population, including Canada. So where are these refugees coming from and where are they eventually settling? Asia, Africa, and Europe are the areas where most refugees are coming from today. These are areas with internal strife, outright civil war, oppressive governments that trample on human rights, and areas plagued by natural disasters and famine. Once fleeing these areas, refugees do not always have a lot of choice as to where they flee to. Cost, time, and the availability of means for survival are the determining factors when refugees seek asylum from some neighbouring country. In many cases, the first country that refugees find themselves in is only a 'stop over' en route to the country in which they wish to settle.



"The Horn of Africa" (including Ethiopia, Somalia, Kenya, and Sudan), produces and receives a vast quantity of the world's refugees. Plagued by drought, famine, and violent armies, it is no wonder that people need to flee. Government instability resulting in military coups force the persecution of any citizens who do not happen to support the party that has power at the moment. Even if you can scrape together enough to eat, you could get shot for supporting the 'other' guy. Given the futility of the situation, many citizens realize that there

is nothing else to do but seek asylum some where else. The problem is that the free movement of supplies to refugee camps is very limited. Relief aid is hijacked for the blackmarket or the private use of the ruling party.

All of these factors combine to produce what is called a mass exodus. That's pretty self explanatory: a lot of refugees are leaving the country of origin at the same time. Unfortunately this can often compound the problem. Without the appropriate and sufficient resources, as is often the case, refugees are thrown into overcrowded camps rampant with disease and filth and treated like cattle. For those who made it out of the nightmare in their country of origin, there remains a long and arduous road ahead. This is a taxing burden on already limited services. The UN is currently campaigning to prevent such mass exodus' in an



effort to better the conditions of refugees.

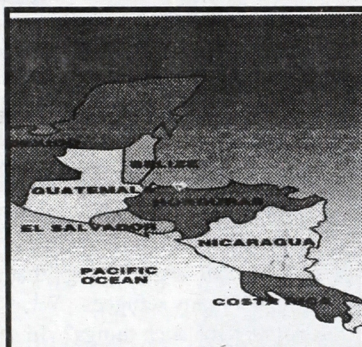
Another key area in terms of refugees is the Western Sahara. This isolated area has been the site of an internal battle for independent states which has been the cause of much violence and the degeneration of living conditions for the people of Western Sahara. Failed attempts at ceasefires, election tampering and stalling techniques have all interfered with available assistance for refugees. Because of outside inter-

ferences, refugees are not able to get the services and supplies needed which only serves to intensify the situation. The UN, in addition to establishing refugee camps, have



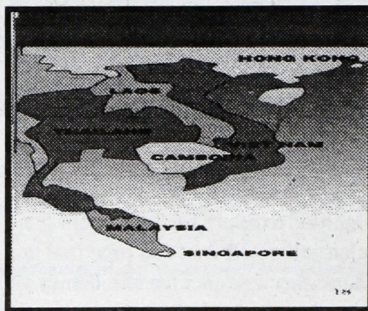
also been supplying military, civilian, and security personnel in an effort to restore stability to the troubled nation.

The after-effects of the Persian Gulf war have not withered away. Kuwait born refugees began to flood neighbouring countries when the invasion by Iraq took place and increased throughout the war. In this situation, emergency assistance was paramount. The simple logistics of the mass exodus taking place put a major strain on the UN, the host countries and relief agencies trying to assist the refugees. While many of these refugees returned to their home country not long after the violence ended, they still do not enjoy acceptable living



standards. These totalitarian regimes breed poor living conditions and add to the current refugee crisis. Other regions in this area which frequently received refugees include Turkey, as well as Iran, Syria and Jordan, Kuwait, and Saudi Arabia.

Thanks to efforts towards regional peace and a stabilizing economic system, Central America is overcoming its turmoiled past. There are much fewer refugee claimants now than in years gone by. Some hot spots in Central America include Nicaragua, El Salvador, and Guatemala. These three countries have long been the largest refugee producing countries in the world. Recent attempts to stabilize governments, promote peace and human rights, and to secure the economy have proven measurably successful



in stemming the flow of refugees out of these countries. In fact, refugees who had fled years ago, are now expressing interest in the possibility of one day going back to their home countries; a definite sign that progress has been made.

Sadly, the situation in Southeast Asia has not been as promising. Many refugee claimants have been denied refugee status and are "caught between a rock and a hard place", so to speak. Camps have become dangerously overcrowded and far below any sort of standard living condition. People are quite literally living like sardines in a can,

desperate that one day things will change for them and they can have some kind of a normal life. The number of asylum seekers is astonishing here, even in comparison to world figures. Most refugees are Indo-Chinese, others are comprised of 63,000 Lao in Thailand, 62,000 Vietnamese boat people in Hong Kong, and many more from various other areas.

This situation is growing in intensity as governments straining under the heavy influx of refugees are losing patience. For many of these governments this is the first attempt at offering asylum. If the strain continues to grow, it is safe to assume that asylum can and will be revoked and the plight of these refugees will only worsen. Many of the Vietnamese refugees who do not meet the international definition of refugee are being repatriated, of course only if they are willing to go back, under an agreement between the United Nations High Commissioner for Refugees and the Vietnamese government. In the new global community, pressure from nations with whom economic ties are desired and from international organizations goes a long way to facilitate the repatriation of some refugees.

While there are many more refugee producing countries that could be mentioned, time and space do not allow for it. It is safe to say, however, that it is not a phenomenon restricted to any particular country or region. Nor is this issue that can be swept under the carpet. Public, international pressure must be placed on countries that generate refugees to correct the root problems. People who have been living in exile for decades have only recently been able to return to their homes in South Africa. This is a direct result of world pressure to end apartheid and tolerate the expression of political views in contrast to those of the government. While the world refugee crisis poses a complex and dynamic problem, it is not unsolvable. The trouble areas in the world can be appropriately handled in terms of applicable and relevant solutions. With growing awareness and concern, it is not naive to believe that in the future, the plight of refugees will be more.

The Root of the Problem

It is not enough to try and assist refugees once they have fled from their home country. This does nothing in the way of prevention or long term solutions. What is the use of using a band aid on a massive wound? To make any useful headway in the domain of refugees, relief agencies and governments alike must tackle the root of the problem. What exactly are the causative factors that produce refugees? And what can be done to eliminate these causative factors? These issues are of great concern to international organizations and relief agencies.

To deal with refugees once they have fled their country of origin, some temporary solutions are implemented. The primary objective of these external groups is to see repatriation of refugees. This refers only to voluntary repatriation. No one is forced to return to a country when their lives are in danger. This repatriation is assisted by amnesties and agreements between governments which allow refugees to return home without the threat of retribution. These people will not be punished for the fact that they fled the country.

Another popular choice is

for refugees to be resettled locally, that is, in the area to which they have fled. This is an ideal situation



for the simple fact that it is easier on the refugee to settle where they already are. Rather than have to continue travelling, they can begin the long process of making a life for themselves as soon as possible. This

is only a viable option if the region that the refugee has fled to is able to sustain an influx of refugees and the economy is large enough and stable enough to make room for refugees.

In the event that the area that the refugee has fled to is already overburdened, as is often the case, the refugee cannot expect to remain there indefinitely. Unfortunately, this means that their long and arduous journey is not yet over. In this case, the desired solution is resettlement in a third country i.e. Canada, or the U.S. The hope is that refugees relocate to a country in which they have an opportunity to thrive. Whether this means a country where they have friends or relatives already, or experience in a field of work that is found in that new country, or even if they have the advantage of knowing the language spoken in their new country.

These solutions are all well and good when dealing with refugees, but what about confronting the problem head on? By identifying and eliminating the reasons why

people are forced to become refugees, the crisis will be nipped in the bud. Many international organizations have taken initiatives to forestall possible refugee flows. These initiatives include establishing institutions in troubled countries that promote stability and justice. Institutions such as schools, hospitals, court buildings and such are offering citizens a chance to better themselves and the communities in which



they live.

In addition to this building phase, a massive push towards better living conditions is also being established. People are being trained in areas such as sanitation, agriculture, and building. Like the parable says, "Give a man a fish and he eats for a day. Teach a man to fish and he eats for life". As people learn to assist themselves, their confidence and pride grows, as well as their ability to provide for themselves.

Training and education are the key to the future in terms of bettering the conditions of refugees and helping to stop the cycle of abuse involved. By showing people how they can learn and do things for themselves, there really is no limit to what people can accomplish. Refugees who might have otherwise left their home country for good, can return and help to make things better. Eventually enough progress will be made that there will be no reason for people to flee. This may seem like an unrealistic ideal, but an end to slavery and apartheid also seemed like an impossible dream at one time.

Defeating Refugee Stereotypes

By Danielle Perigoe

Contributor

A refugee, according to my Collins English Dictionary, is: "a person who has fled from some danger or problem, especially political persecution." A stereotype, on the other hand, is: "a standardized image or conception of a type of person, etc." Since Canada is known in the international political arena as a peace-keeper of sorts, and as a democracy we believe in the concept of inalienable human rights, our external affairs policy reflects a willingness to help those people who are seeking asylum from unjust persecution in their home country.

Unfortunately, our policies are imperfect, and as a result, the growing public conception of our refugee determination system, according to Marc P. Lafreniere, Associate Deputy Minister, Department of Citizenship and Immigration Canada, is that of an "abuse [of our policies] where immigrants go 'asylum shopping' in order to seek jobs and a better way of life."

In reality, this type of abuse is rare and most refugees are in dire need of international intervention and the assistance that Canadians can provide. It is necessary to examine these issues/stereotypes/discriminations in detail, because what they really boil down to is a "blaming the victim" mentality in which it is the refugees who are being blamed for their problems, and not the situation they are trying to escape from or the problems inherent in Canada's policies.

Here's my top five list of

stereotypes and arguments against helping refugees, which I hope to reveal as just another form of discrimination.

Number 5: Refugees are just immigrants from poor countries who are looking for jobs and a better life. This is just North American ethnocentrism speaking. Since we consider the world to be our oyster, it is no wonder that we should think it as easy for anyone else to just uproot themselves and start a new life elsewhere. If your whole life centered around your community, how willing would you be to just give it all up and move to a new country where you knew no-one, were estranged culturally, and didn't even speak the language...all for a minimum (below living standards) wage? Who says that North American life is "better" anyway? The only way I can qualitatively understand it to be better is that one is free from persecution (religious, political) within our borders.

Number 4: Refugees live off our social assistance programs and our taxes. Again, not true. The relatively few number of refugees in Canada compared to the number who are already on social assistance makes this statement invalid. And while different laws may apply to refugees with respect to paying taxes, they actually contribute greatly to society by increasing the level of multiculturalism within it and thus our understanding of other societies as a whole. Many refugees go on to become extremely involved and pro-

ductive citizens.

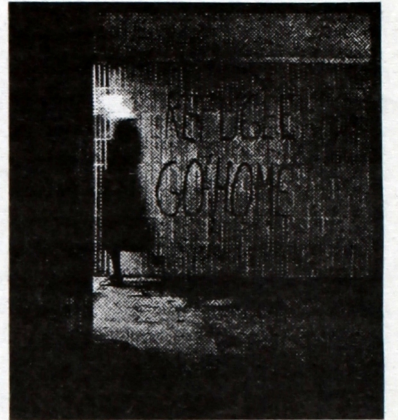
Number 3: Why should we help others when our own situation is in jeopardy? Canada is committed to the prevention of the causes of involuntary migration, to the protection of those who are forced to leave their home countries, and the fostering of orderly migration regimes (Center for Refugee Studies Guidelines.) In the Immigration Act of 1976, we explicitly committed ourselves to upholding a humanitarian tradition with respect to refugees; few other countries have made such a declaration. If you don't believe in humanitarianism, that is another argument entirely, but if you believe in human rights, there is no reason why these human rights should be restricted to North American borders. Canada is a land of plenty, and we should give what we can in principle. If we don't have enough, that is because of mismanagement and a failure on the part of our politicians, not the refugees who have done nothing to deserve the situation in which they have found themselves.

Number 2a: They can't speak our language, they don't fit in, and they only help to further divide us nationally. While it's true that Canada has been fighting for an "identity" since its inception, what we have realized in recent years is that our true identity is multicultural. And while this has led to some internal strife lately, we have a reputation for being better than any other country in the world at handling nationalistic, regional, and ethnic issues.

Thus, the incorporation of other identities into our whole will ultimately contribute to the core value of multiculturalism, which we hold so dear.

Number 2b (I see this as being part of number 2): Canada is just going to become a lifeboat for people in trouble. Our policies are simply not liberal enough to allow this. In 1996 we turned away more than 2,000 Chilean refugee claimants because there was no proof for their claim of persecution. People who would claim that Canada is just going to become a haven for the hunted do not see the inherent value of multiculturalism and place a sense of patriotism and nationalism before that of humanitarian aid, which is too bad.

Number 1 Stereotype of Refugees: It's their problem, not ours. Let them deal with it. I see this as being even more problematic than the idea that they sap our social systems because it is so completely uncaring. It is a philosophy that says that by no means should we ever help, or protect the rights of, others. Refugee policies by themselves aren't the be all and end all of what we should do in the international community to help solve the problems of injustice, but they are a necessary component. It is not just a "band-aid" solution. On the other hand, there is no question that we should do more to fulfill objective number one of our refugee policy, that of prevention of the problems which cause involuntary migration.



The strongest objection to all of these fallacies is, I think, the randomness with which we are born into our country of origin. What if, for example, you had been born a Bosnian, or a Cuban, or a Kurd? What if you felt so alienated from the politics and persecution of your country that you felt that you were physically unable to live there? What if your life was in danger because of your religious beliefs? Would you not hope and expect that someone would be willing and giving enough to help you and your family out?

Being a refugee does not mean getting a free ride. Far from that, it is a very dangerous and costly one. If we have the ability, I think that we also have the obligation to help those in need. And Canada is a country that has much to offer. So, if things go wrong with our policies with respect to refugees, don't blame the victim...help to change the system, instead! And don't let petty stereotypes get in the way...

Refugee Sponsorship at Laurentian What Does It Mean?

by Cindy Henriques and Jean-Thierry Nkulikyumukiza
contributors

The World University Service of Canada (WUSC) runs a program called the Refugee Sponsorship. The program facilitates the sponsor of a refugee to attend a university in Canada in order to pursue a post secondary education without threat of danger. When a university decides that they would like to take part in the program, they are responsible for fund-raising the cost of attending the university for one year. In many cases the administration of the university covers most, if not all, of the costs.

The Student's General Association (SGA) and the International Student's Committee (ISC) decided that this was a program that they would like to see at Laurentian and so they began the process of investigating the feasibility of hosting a refugee. The program was enthusiastically welcomed and Huntington, Thorne, and the University of Sudbury all agreed that they would be able to donate residence space. The administration at Laurentian also agreed that they would be able to waive tuition costs for one year. The last task was to fund-raise money for living expenses such as food, clothing, pocket money and extra ex-

penses as needed. The SGA and ISC agreed to take this on as a joint venture and planned a schedule of various fund-raising activities to defray part of the cost.

January is the expected arrival date of the new student at Laurentian. The student who has been chosen is presently living in a refugee camp in Kenya. To the student, this program will mean the opportunity to pursue their education in Canada. Quite often students find themselves in a situation where, because they are educated, they are considered a threat to the establishment. To many students who are fleeing war and dangerous living conditions their only alternative is to take refuge at a refugee camp. However, at certain times there are restrictions as to how long a refugee may stay in a camp before they must move on. If conditions are stable in their home country, then they may be able to return home. Many students who have been sponsored by WUSC locals at universities across Canada find that they are not able to return home because, as a student, they were involved in protests and actions that the new system might not find acceptable. In these cases the students were involved in struggles to challenge regimes which they felt were oppressive and unjust. Thus this program presents the

opportunity to live and study without the threat of danger and violence.

To students at Laurentian this program will mean the opportunity to take part in International Affairs. This program cannot be possible without the support of everyone! Students at Laurentian will be attending a university where they are able to learn of how university students of war-torn countries struggle for a survival which we take for granted. This lesson will not be taught from textbooks but rather from firsthand experiences. As students at Laurentian, we can never fully realize what it means to be a refugee but at least this program will expand our knowledge and give us the opportunity to contribute to humanitarian efforts on a global scale.

Everyone is invited to take part in welcoming the new student! People are needed to volunteer their time, energy, experiences, and financial contributions in possible. As the budget for the new student is limited, donations of all kinds (such as clothing, cooking utensils, school supplies, and food) would be greatly appreciated.

For more information please contact Cindy Henriques at 675-1151 ext. 6547, Jean-Thierry

Rwanda: The Land Of A Thousand Hills & A Thousand Problems

by Jean-Thierry Nkulikyumukiza
contributor

Despite the horrific images from 1994 that put this tiny little country on the map, also known as *The Land of a Thousand Hills* (*Pays des Mille Collines*), Rwanda is a country full of multiple surprises. Its sheer beauty, the loveliness and variety of landscapes are only some of the surprises. In the North, the country is dominated by a chain of volcanoes, home of the famous mountain gorillas featured in *Gorillas in the Mist*.

Set virtually in Africa's center of gravity, Rwanda has been facing a mighty menace since the early 1990s; ethnic tensions between two major groups (Hutu and Tutsi). The 1994 genocide was the culmination of these tensions. The genocide left about a million people dead. The mass exodus of refugees to Congo (formerly Zaire) that followed was the result of this bloody upheaval.

However, the return of more than a million refugees to Rwanda from Congo last year, has fundamentally altered the political situation in Rwanda. Three years after the genocide, the country now faces escalating violence which has been

triggered by the return to Rwanda of former government soldiers who took advantage of the mass repatriation of refugees.

The Northwest region is now under threat of full scale war. An increasing number of killings target survivors from the previous troubles, aid workers, and local officials. These killings are the work of extremist militias. This deplorable situation could further deteriorate to even new lows. Amnesty International, a human rights organization, reported that unarmed civilians have been killed by the Rwandan army as it battles with militias.

Whenever attacks occur some people blame the Hutu extremist militias, others blame the Tutsi dominated army. Either way, the genocide has returned to hunt down its victims and this beautiful country remains full of contradictions.

The author is himself a refugee student at Laurentian University.

NEXT WEEK:
Remembrance
Day & U of S.

LEND ME AN EAR



The Vees

by Mat Thompson
Entertainment Editor

No, this isn't a joke! This group is actually called **The Vees**. At first I thought maybe Alex McGregor finally got his singing career off the ground with a little help from the Soccer Vees, but this is an actual group that has the same name as our illustrious university teams.

I got no bio, no info, nothing except for a five track EP with a big V on the front. From the look of things on the back of the case this band is from somewhere around Nova Scotia, but I could be wrong. Where ever they are from, they aren't half bad. They do sound a lot like **10,000 Maniacs**, but that's okay.

The tracks are all very similar but the band does have a pretty good sound. Of course I have no idea who is singing what song since all three members on the case are listed as vocals along with their respective instruments. So what can I say about the **Vees**, well they are good and they are worth checking out, but I have no idea what their album (if there is going to be one) is called or when it will be available. All I can say for now is just look for the EP with the big blue and green V on the cover.



Ocean Colour Scene - Marchin' Already

by Mat Thompson
Entertainment Editor

I have noticed this new CD in a lot of trade magazines. **Ocean Colour Scene's** third album *Marchin' Already* is supposed to blow you away. Well, it didn't exactly blow, but it does not seem like anything new.

With a sound that is kind of raw, partially reminiscent of the early Beatles off their *Anthology* albums,

Ocean Colour Scene is yet another band that sounds like **Oasis**. It's a look and sound we are going to have to get used to for the next while. As **Oasis** keeps getting bigger and bigger (I don't know why) there are going to be many bands out there who want to cash in on the fame. **OCS** does have talent, but it seems that they are trying to sound more like someone else then trying to be themselves.

With thirteen tracks, the album does lead a little into repetitiveness, yet there are a few tracks worth listening to. Their first single *Traveler's Tune* is a good little song, but nothing special. The two tracks *Besides Yourself* and *Beautiful Thing* are the only true glimmer through the dullness of the album.

Ocean Colour Scene is just another Brit Pop group trying to make it big with a duplicated sound that everyone seems to be using. *Marchin' Already* is semi-enjoyable but I cannot recommend rushing out to get it. Maybe borrow it from someone and see what you think.



Ivan - The Spell

by Mat Thompson
Entertainment Editor

Who is **Ivan** you ask? Well, remember back in the 1980's when everyone was doing the *Safety Dance*? Well, straight out of the 80's (I don't think he knows it's over) **Ivan** has created a new CD on his own (away from **Men With Hats**) called *The Spell*.

The Spell is a strange ass album that transports you back into the 80's. I know that is torturous for many of you out there, but **Ivan** seems to have captured the music that was fun from back then and recreated it in the 90's. Of course a lot of the songs do sound like the *Safety Dance* over and over, but you have to admit that the album is fun.

The album contains 11 tracks in which you will have flashbacks to side ponytails, Cabbagae Patch Dolls and fluorescent Roots clothing. What could be more fun? It is kind of cool when these long forgotten 80's celebrities(???) come back out of the woodwork and start to record again. It's just interesting to see what their take is on the music of today, or if they even let it phase what they love to do.

Ivan's *The Spell* is being distributed on an Indie label so I don't know how accessible it is going to be, but it is worth checking out. From the sounds of things, the 80's never actually died, they just took a long vacation.



Superhalo - The Cost of Breathing

by Mat Thompson
Entertainment Editor

This Toronto band has created a buzz everywhere they have played and now they have released their debut album *The Cost Of Breathing*. Superhalo is one of Toronto's top talents right now and this album puts it right in your face.

Breathing is a nine track CD with no ballads and no cushy soft rock. Superhalo is a band with power. They are a club band that has that raw, untouched sound that you want to hear when you go out. Superhalo is the cure for all you who are sick of hearing the same old crap again and again when you enter your favorite club. What's so good about them you ask? Well, what isn't! The guitar rocks, the beat is constant and strong, and the lyrics are in your face. Everything put together just makes for a great band.

The songs on the album include *Pray*, *The Adversary*, *Inertia*, *Bring Me Down* and *I Thought I Loved You*. No single song on this album is bad. They all blend so well you just want to go out and party after listening to the album. Breathing is not meant for relaxation. This album may not be the easiest to find since it is self-produced by the band, but search for it. They are from Toronto, a few of you out there may have already heard them play at Toronto's Bovine Sex Club or other locations. Find this band, you won't be disappointed! Superhalo, *The Cost Of Breathing*, just get it!



The Sundays - Static and Silence

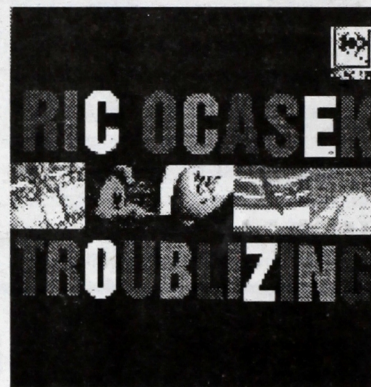
by Mat Thompson
Entertainment Editor

Is the third album a charm for Britain's The Sundays? Well, if you are looking for the same sound from the same band, you will be surprised.

The Sundays have mellowed and smoothed out their songs a little more than fans are used to.

The Sundays try to stay away from the fads of Britpop and Big Beat and experiment with a sound that is their own. But this sound they claim to be their own is an awful lot like all the other bands out there today. The vocals are airy, and the sound carries a lot of Celtic sound that is very popular in Canada. Their sound is pure pop/country and they cannot get around it. Different songs mirror different bands including old funk sounds to the ever popular sound of Oasis. It seems the band has tried to mellow, but cannot get away from the ever evolving music scene around them. Folk, funk, pop, and country; its all here and it almost seems jumbled.

The Sunday's *Static and Silence*, it's a good album for fans of the band, but if you don't know them and haven't heard them, maybe skipping this one would be better.



Ric Ocasek - Troublizing

by Mat Thompson
Entertainment Editor

I actually thought this guy was dead. **The Cars** crashed a long time ago and I thought they took **Ric**

Ocasek down with them. But as we have seen before, you can never keep an 80's star down! Of course, between **Ric Ocasek** and **Iggy Pop** all you would have to do is breath hard on them and they would flutter away like a leaf!

The new album by Ocasek at first glance seems like nothing special, but if you look hard enough at the liner notes, five of the eleven tracks feature **Billy Corgan** (**Smashing Pumpkins**) on guitar, keys, and vocals. Now why would Billy appear on a has-been's latest CD, well, he wrote one of the songs, and produced almost half of the album along with Ocasek. But the true test of the CD is not the guest singers, but the sound.

Troublizing is basically songs that closely resemble the sounds of **The Cars**. The sound is pure 80's with a little extra rock thrown in. Ocasek, like many other, is stuck in the past, but at least he has help getting into the 90's. Corgan helps out the album a lot lending his own vocal sound to the almost stale sound of Ocasek. The album would be purely dull if it were not for the differing sounds of Corgan and Ocasek. The best song on the album is *Asia Minor*, which is the only song written solely by Billy Corgan. I am not trying to hype Corgan above Ocasek, but he is the true talent on this album which probably would not have survived without him.

Other songs on the album include *Crashland Consequence*, *Society Trance*, *Here We Go* and *The Next Right Moment*. If you are looking for the great **Ric Ocasek**, look no further than the record store under **The Cars**. If you are expecting something spectacular out of this collaboration between Ocasek and Corgan, look again. The album is good in it's own right, but against **The Cars** and **The Pumpkins**, *Troublizing* should run for cover.

Top Ten Albums

According to the November 8th edition of Entertainment Weekly, here are the Top Ten record sales for the week.

	Weeks on Chart
1. Various Artists <i>The Firm</i>	1
2. Leann Rimes <i>You Light Up My Life</i>	7
3. Fleetwood Mac <i>The Dance</i>	10
4. Mariah Carey <i>Butterfly</i>	6
5. Janet Jackson <i>The Velvet Rope</i>	3
6. Soundtrack <i>Soul Food</i>	6
7. Boyz II Men <i>Evolution</i>	5
8. Aqua <i>Aquarium</i>	7
9. Master P <i>Ghetto D</i>	9
10. Jewel <i>Pieces of You</i>	89

Live On Stage SGA Concert Series #2 - Where Were You?

by Mat Thompson
Entertainment Editor

Another SGA Concert Series has come and gone, but where was the crowd? When I first arrived, almost an hour and a half after they opened the doors, there were more bouncers and SGA staff members in the Great Hall than there was students. Sure, these bands have played Sudbury many times, but to see all three bands on one night I thought was a great deal!

Snapper opened the show and from what I saw of them, they were great. It was too bad no one really saw them. They had more enthusiasm than the other two bands and were the only band with the guts to come out on stage in kilts. For an opening band, they sure showed the bigger bands how it should be done. A none stop beat, a great vocals, and a play list that makes you want to get up on stage and party with them, Snapper ruled! Once they were done, a few more people started to wander in, but it was still dead.

The Pursuit Of Happiness came on next and played their little hearts out. These guys (and girls) were good (I especially liked the poetry moment by the lead singer!) Pursuit's songs rocked and it's too bad there was no one there to really show the band the appreciation they deserved. Their vocals are magnificent as they are backed up by the two female members of the band. It just gives them a sound a little different from the norm that sounds perfect. The Pursuit of Happiness to me was the best act of the night.

The Skydiggers were the featured act but from the look of the crowd, they may have played Sudbury a few to many times already. There was more enthusiasm for them than the other two acts combined, but they seemed a little stale. They seemed to be just going through the motions more than trying to play something new. The lead singer seemed

to not be into playing, or just completely out of it! Of course the crowd was small, so they probably didn't feel they needed to show the enthusiasm of a headlining act, but for those of us there, it would have been nice.

Over all, this wasn't that bad of a Concert Series, and I hope this does not discourage the SGA from putting them on. We need something different once in a while at this school, and concerts are a great break from the every day. I just hope more people need a break when the next Concert Series is planned.



Disney Vs. Fox - The Cartoon Showdown

by Mat Thompson
Entertainment Editor

It has finally come down to the wire. Twentieth Century Fox is ready to release its first big budget animated film into theatres. This should be a time for celebration, but it is actually a time for worries. Fox is hoping to make a name for itself in the animation world with **Anastasia**, but Disney is ready to fight to the finish!

Ever since Fox announced its release date for **Anastasia**, Disney announced it will be re-releasing its biggest money-maker to date, **The Little Mermaid** on the same day. Coincidence, I think not! Disney is out to make sure that animation is their market and theirs alone. They make all the money in theatres, fast-food tie-ins and toy shelves, so why would they allow another company to move into their territory? Especially one of their main competitors in the movie business already.

Fox is ready for the war and has been promoting **Anastasia** since the beginning of the summer. They have even gone so far as to buy advertising space on bananas. That's right! Those little stickers you get on bananas are now prime advertising space and Fox is gobbling it up. But can **Anastasia** hold its own? Against **The Little Mermaid** alone, I think they have a good chance, but Disney has a few more cards up its sleeves. They will also be releasing **Flubber** and re-releasing **George of the Jungle** and **Hercules** all within days of **Anastasia**'s opening date (Nov. 21) So what can Fox do? Maybe just bite the bullet and hope for the best. It's too bad since Fox has been working on **Anastasia** for a long time now.

An acquaintance of mine from highschool was hired straight out of university to work at Fox Animation Studios in Phoenix, Arizona. He has been talking about this movie for over two years now and it is finally ready to go. Of course



there is a familiarity between **Anastasia** and Disney's movies. The cartoon style is almost identical and like most Disney cartoons, **Anastasia** has a star studded line up of voices (including Angela Lansbury from **Beauty and the Beast**). Was this intentional, well, it was probably as much of an accident as Disney releasing all these big movies at once. It's too bad that the two studios couldn't work harder on putting some good product into theatres instead of wasting time on these studio wars. **Hercules**, **Hunchback** and **Pocahontas** were disappointments to say the least. If a new company wants to try to make something better, then maybe Disney should just step aside and let it happen. You never know, Disney, when the castle is going to come crashing down around you and all that remains is the trail of the Fox.



Chumbawamba Invasion!

by Mat Thompson
Entertainment Editor

These guys are everywhere! When I received this CD about a month ago I passed it off as one of those CDs that would never see the light of day. Well, I was wrong. Chumbawamba's song **Tubthumping** has hit the airwaves in clubs, bars, and radio and everyone is wondering, "What the hell are they saying?" No they are not singing "When I go down/On a motorbike/Everyone loves a clown." Before I give you the actual words, here are some facts about the band:

-Chumbawamba was formed in Britain in the early 1980's and **Tubthumper** is their 6th album.

- Chumbawamba's name came from a band member's dream in which he was going to a public bathroom in Europe and the doors read Chumba (Men) and Wamba (Women). He didn't know which to go in, and told his friends/bandmates the dream and they decided that the name Chumbawamba (Men and Women) was perfect.

- "**Tubthumper**" is a British word for a person who gets up on a soapbox and gives his views on any topic he wants. The song **Tubthumping** is basically the anthem for the middle-class workers who want to state their views on the world around them.

For those of you who can't figure out the words to **Tubthumping**, here goes:

We'll be singing / When we're winning / We'll be singing

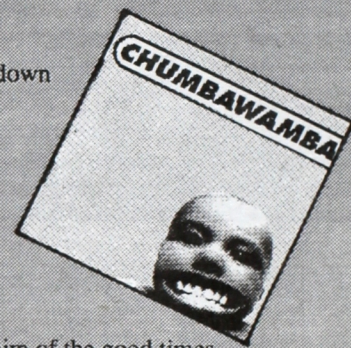
I get knocked down
But I get up again
You're never going to keep me down

Pissing the night away
Pissing the night away

He drinks a whiskey drink
He drinks a vodka drink
He drinks a lager drink
He drinks a cider drink
He sings the songs that remind him of the good times
He sings the songs that remind him of the better times:
"Oh, Danny Boy, Danny Boy...."

I get knocked down.... (Blah, Blah, Blah. Everything just repeats itself from this point on!)

So there you have it! The actual words to **Tubthumping** by Chumbawamba. I would also like to add that I still stand behind my opinion that this is one of the stupidest named bands, CDs, and song of all time.



"Cover" Story



by Mat Thompson
Entertainment Editor

For those of you out there who are looking for the singles of your favorite top 40 song, beware. There is a new trend in the music business that may piss a lot of people off. Since many Top 40 songs are never released as a CD single, a New Jersey-based company called **Under Cover Records** has released at least six top hits covered by another band. They claim it is not to confuse the customer, but with songs like **One Headlight** by the **Waterfalls**, not the **Wallflowers**, I think they are out to trick us out of our money.

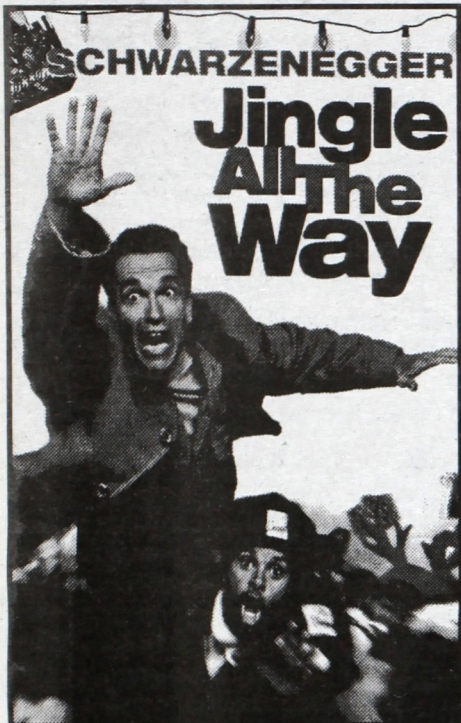
The latest song to be duped by this company is the moronic dance hit **Barbie Girl** by Aqua. Of course their band is names **Velva Blue** (Aqua Velva.....that's so witty!) Although this doesn't sound right to those of us buying the albums, cover albums are legal as long as the original publisher gets a fixed payment for their song.

So those of you who are looking for the single to **Barbie Girl**, On e Headlight, **Butterfly Kisses** or others, make sure you know the true name of the group. You may get tricked and your friends may even laugh at you when you call the band by the cover name. All the world is a scam, you just have to know where to look!

New On Video

Rosewood (John Voight, Ving Rhames) This is a must see movie. I don't understand why it was not embraced by Hollywood as a superior piece of film. Sure, the story is a piece of history most people would like to forget, or have left unheard, but I am glad it was made.

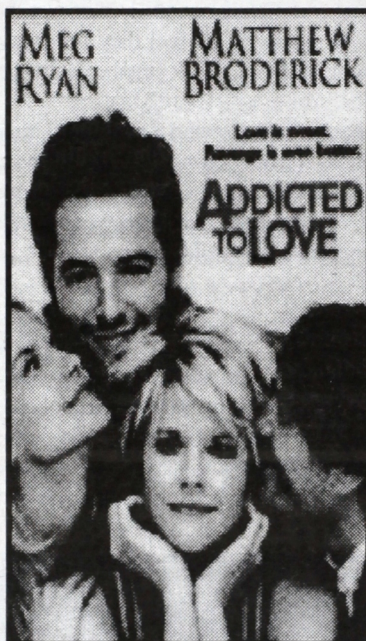
Rosewood is the story of a town of the same name, a black community in Florida in 1923. The residents of the town own all the land and buildings and are on good terms with their neighboring town. When a white woman is beaten by one of her lovers, she blames it on a black man and an all out war begins. As the white residents search for a escaped criminal who supposedly was the attacker, they leave a path of hatred, racism, blood and murder along the way. Because one woman cries wolf, a whole town, community, and many families are massacred. This is not a feel good movie. This is a history lesson you will never get in a classroom. This is a story that has to be told and seen by everyone. It is amazing that anyone could be so blinded by color that they cannot see the truth right in front of their eyes. This movie will attack you emotions on so many different levels you will be exhausted by the time the 140 minutes are over. Rosewood is a must for anyone who lives in North America. It is a cinematic slap in the face to historians and people alike to wake up and see what really happened in our past!



Jingle All The Way (Arnold Schwarzenegger, Sinbad) This movie is hilarious! For anyone who has ever had to look for a present at Christmas time and find out it is the most impossible toy to find, this is your movie! This film shows the hell our parents went through to get us an ugly little Cabbage Patch Kid back in the 80's.

Arnold plays a father who waits until Christmas Eve to try to find a Turbo Man doll for his son. Of course every other parent is in the same boat. Arnold and Sinbad team up (and back stab each other at every turn) in trying to find the toy. They survive mail bombs, vengeful police, laughing clerks, extortionist Santa's (James Belushi and WCW's Giant), and a final showdown between the two at a Santa Claus parade. Sure this movie was made for children, but it is so much funnier for adults since they have been through this at least once in their lives. It may not be your first pick in the video store, but trust me, you will love it!

Addicted to Love (Matthew Broderick, Meg Ryan) Have you ever been dumped by someone and wanted to know what their every move is for weeks on end after the tragic incident. Well, if you are not in jail now due to the new stalking laws, you should rent Addicted to Love.



The story follows Broderick and Ryan who are dumped by their significant others and want to find out what they are doing. When they find out their exes are now seeing each other, they execute a plan to ruin their new relationship and win them back. Of course Broderick and Ryan fall for each other and go way beyond the norm to try to spy on their exes. Broderick is funny as the love sick moron who cannot see past his supposed love for his ex, but it is Ryan who steals the show. Her portrayal of an almost psychotic woman pushed to the edge by her ex is hilarious! It is such a change from her usual sweet, wimpy female leads in romantic comedies. She has the power in this movie and she uses her full potential as a woman. All I can say is I hope none of my exes turn out anything like her!

Batman and Robin (Clooney, Schwarzenegger, Thurman, Silverstone, O'Donnell....) That's right. Number four is out on video and they are trying to pawn it off as the best movie yet! Get real! This movie was about as good as Captain America or The Punisher. It just killed the Batman franchise, and they still want to make a fifth.

This movie follows so many different storylines the audience feels dizzy in the end. Batman and Robin are having partnership problems, Dr. Freeze has decided to freeze Gotham, Poison Ivy want the world to be green, Alfred is dying, and Batgirl decides to help out along the way. There are just too many characters in this movie. Why do we need three good guys and three villains. Batman Vs Joker was awesome and we didn't need to worry about sidekicks getting in the way. Batman and Robin is so cluttered with characters that the movie dies from the get go. If you liked the others, maybe you should skip this installment. It is no where near as good as the others. Even Batman Returns is a classic compared to this one!

Entertainment Trivia #8

Okay, due to a very poor response to the Entertainment Trivia, this will probably be the final week. No one seems to want to win our CDs, so here is the final question.

By correctly answering the following question, you can win an SGA/Entertainment prize package (includes a laundry bag, CDs, and more surprises!)

Question: What movie (filmed in Ontario's Algonquin Park) features campers returning to Camp Tamaqua?

Answer: _____

Name: _____

Student Number: _____

Phone Number: _____

All entries must be received by Tuesday, November 11. Drop off completed entry forms to Lambda office above the Student Centre at SCE 301. Winner will be contacted by phone and printed in next issue.

Last Weeks Answer: Dexley's Midnight Runners originally sang Come On Eileen.

Sport or Entertainment?

by Mat Thompson

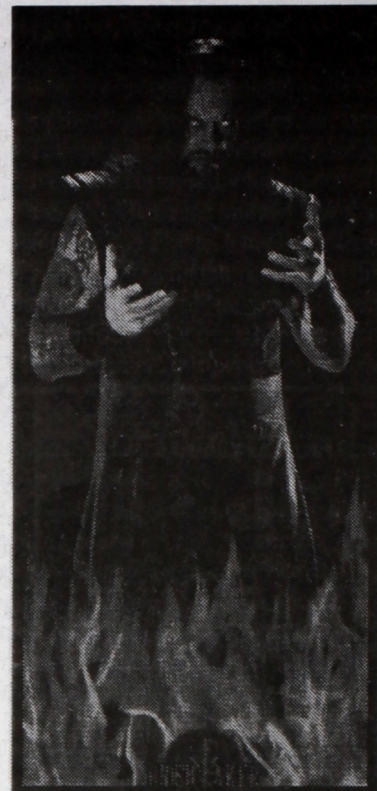
Entertainment Editor

The battle has raged on for decades on whether professional wrestling is actually a sport or just an entertainment venue. For those of you who believe wrestling is the stupidest thing television has to offer, I guess we know where your vote stands. But for those of us who grew up watching this sport and believing it was real, until some cruel parent told us otherwise, we still believe that wrestling is a sport.

Back in the good old days of Gorgeous George, Bruno Sammartino, and Gorilla Monsoon (who is very ill right now) wrestling was that, wrestling. Two competitors in the ring battling it out to see who was actually the best there is. Now a days wrestling has turned into a soap opera in which these men switch alliances faster than most soap stars switch beds. Everything is so choreographed that even the audience knows what is going to happen next. I have been watching wrestling for so long now that I can tell how any storyline is going to go up to a month in advance. It is so easy to predict how matches are going to end up, it is almost useless to watch. So why do we. Because it is a sport that entertains us. That is the best way to describe professional wrestling.

We want to see guys beating the hell out of each other, and with wrestling, we know it isn't going to be like Tyson knocking out his opponent in 17 seconds. Wrestling gives us the long, hard fought battles we love to see and with every battle there is a storyline concocted to pull the viewers into the feud a little more each week.

As for admitting the sport is not actually all it claims to be, only the WWF will admit anything. The WCW claims everything is real and the NWO have nothing to do with their federation. Sure, we can read



the credits and know that Eric Bischoff is one of the heads of the WCW. And as for the ECW, no one would be stupid enough to even enter the ring in this federation without knowing it's fake. The WWF a few years back decided to change their outlook when they were struck with a dilemma. In some states, a sporting event costs up to five times the taxes and bills then an entertainment event. So, Vince McMahon decided to admit that the WWF was entertainment. That is why the intro to RAW states that "The WWF is the leader in Sports Entertainment" It was a business move, but one that clears the air. We know it's fake, they know it's fake, so why not just admit it?

Should Wrestling be listed as sports or entertainment? Well, that is up to the mind of the fan, or the closed minded person who thinks they are so smart for not watching wrestling. To me, it will always be the most entertaining sport I will ever see!

Kraft Dinner Recipe of the Week

Cheesy KD Chili

Ingredients: 2 Cans of Brown Beans
1 Can of Kidney Beans
1 Can of Mushrooms
Half an Onion
1 lb. Ground Beef
2 Boxes Kraft Dinner
Cheese Whiz
Chili Powder, and other spices

Directions: Mix the beans, mushrooms, onion, chili powder and other spices in a pot and simmer on low. Brown the ground beef in a frying pan and add to the chili mixture when done (onion and mushrooms can be fried with beef if you want). Turn the temperature on the chili up and stir frequently. Make KD according to direction on the side of box and add Cheese Whiz for a thicker cheese sauce. When KD is ready, stir it into the chili enough that it is mixed in but not too much or the cheese will disappear into the chili leaving you with plain macaroni in your chili. Serve hot or cold as a snack. You can also half the recipe, put the chili into a pan, spread the KD over top and serve as a nacho dip for a party or sporting event.

Dear Dharma

Dear Dharma: My boyfriend and I went out for Halloween last week and got in a huge fight. I thought that since we were a couple (who live together) we could go out as a pair. I found a couple of cool outfits that we could wear and I decided on getting Batman and Batgirl costumes. When I picked the costumes up (and paid for them) he decided to change his mind and go out as a vampire. I ended up with two costumes I had rented and a boyfriend who did not want to go out as a couple. I am still mad but I don't know if I should just let it pass? What should I do?

Batgirl

Dear Batgirl: Of course you should be mad. If he said he would go out as a pair with you then he decides last minute to go as something else, you are justified. I hope you ignored him at whatever party you went to and didn't just follow him around anyway. I think the best thing for you to do now is to just keep changing your mind at the last minute about things important to him. Show him who's really the boss. And next Halloween, if he doesn't want to go out as a couple, maybe you should look into an adult costume and watch how fast he stays around you all night.

Dear Dharma: My roommate is so inconsiderate. At least three times a week he and his girlfriend are in our room going at it and I always seem to need to go in for something when they are in there. I bugs me that it is my room to and I have to be careful when I go in as not to see her white butt flying around, and it also bothers me since I have a girlfriend back home who I only see once in a while. What can I do?

Frustrated

Dear Frustrated: There are a few things you can do. First thing is you should sit down and talk to your roommate about this. If that does not work, then maybe you should interrupt them more often. Bring friends over and embarrass them, or just go in and sit down on your bed and start doing homework. After a few times they will get the hint that you want the room too. If it still keeps up, find out where the girlfriends room is and go bother her while she is either sleeping or studying. There are so many things you could do to scare them off from your room. If it comes down to it, just walk in in the middle of their love making and start to take your clothes off and ask if you can join. I bet she doesn't come back for weeks after that!

Dear Dharma: I would just like to tell you that I don't like you. I read one column where you told a guy he was a freak because he got excited on buses. What you failed to realize is that he is just like every other male on this earth. You also referred to one girl's boyfriend as a muscle head because he doesn't want to sit on the couch drinking beer and eating potato chips and get fat; you made fun of this guy. Wrong!! I think you should get in touch with the real world before you give any more advice.

Snipes

Dear Snipes: Who peed in your Corn Flakes this week? You don't like me, well, that is just going to ruin my whole day! Oh, you must be in touch with reality thinking every normal male gets turned on riding the bus. My boyfriend laughed hysterically when he read that comment. But if it makes you feel better to think that way, no problem. And secondly, I did not make fun of the muscle head (Issue 6). I commented on a problem and referred to the girls boyfriend as a muscle head because that's what he is. There was nothing to do with sitting on the couch and getting fat as you mentioned. Do we have some issues with people who don't work out? Not everyone follows the same lifestyle as you and maybe you should accept that. You are the one insulting those out there who choose a leisure lifestyle. Not everyone gets fat sitting and drinking beer. So Snipes (oooh, a cool name!), If you don't like me, I don't care, just don't sit anywhere near me on the bus, okay?

Jenny, Jenny, Everywhere!



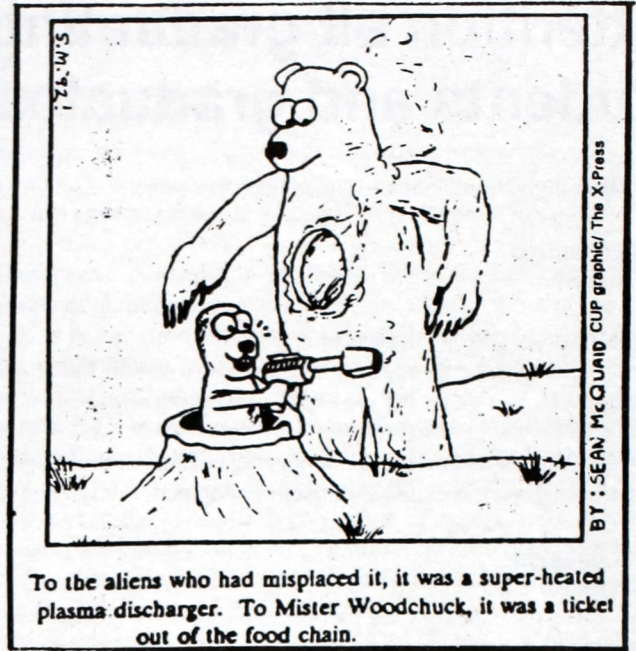
If by now you haven't heard of Jenny McCarthy, you must be living under a rock. A big rock! Jenny has become one of the fastest rising superstars in the entertainment business today. With her own television series on NBC, Playboy videos, CDROMs, and now even a book, Jenny may die of over-exposure.

Jenny started as a Playboy model in October 1993 and went on to become the *Playmate of the Year*. After a long stint with Playboy she landed herself on MTV's *Singled Out* where she had to keep forty single guys at bay. From there she broke into small movie rolls (*Things To Do In Denver...*, *The Stupids*), a sketch comedy series on MTV and now she is on NBC. I know a lot of people hope that her sitcom fails, but there is one catch, NBC ordered 22 episodes up front for

Jenny, so no matter how it does, Jenny will be popping up all over. This order of 22 episodes is an unheard of amount for a new series that had not even aired yet, but NBC executives expected big things out of her.

Jenny's latest adventure is into the pages of a book. No guys, you cannot unfold nude photos of her like in most other books, this is actually written by Jenny. But don't expect to read some earth shattering revelations in *Jen-X: Jenny McCarthy's Open Book*. The book (just like Pamela Lee's) is basically about her body and lifestyle. According to *Entertainment Weekly*, Jenny talks about her breast implants, posing for Playboy, her religious background, and stupid facts like she wet the bed once with a guy and many references to her bowel movements. So why did Jenny write this book. Probably to keep up with the other blonde bombshell Pamela Lee. Both Pamela and Jenny seem neck in neck over who can have themselves exposed (no pun intended) to the media more.

So if you are looking for a little more Jenny (I don't see why) then look no further than your local bookstore, or video shelf, or magazine rack, or television station, or CD ROM.....



To the aliens who had misplaced it, it was a super-heated plasma discharger. To Mister Woodchuck, it was a ticket out of the food chain.

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Charles Fink
Placement Centre

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Crazy Catholics Will Converge on Campus

(The Canadian Catholic Student's Association Central Region Conference 1998)

by Anne Quensnelle
contributor

We are proud to announce that the University of Sudbury will be hosting the 1998 Canadian Catholic Student Association's Regional Conference on campus January 16-18, 1998. I myself have participated in regional and national conferences since 1994, so I know from personal experience that the CCSA has profoundly influenced and supported the journey of faith of thousands of catholic university and college students from coast to coast. It will be the first time that this annual conference is being held in Sudbury and as the planning team co-ordinator, I invite you to take part and join us in one of the best weekends you'll ever experience in this study-assignment-exam-presentation-work-stress-filled year! It is important to take the time to stop and reflect on the other important aspects of life such as "Am I doing something meaningful?" and also just take the time to meet people from all over the province, have a lot of fun and say "why not, it's just the beginning of the semester!"

The conference theme is "From Water to Wine...Making a Difference".

We will be exploring the ways on which we can make a difference. When Jesus did his first miracle, it undoubtedly made a difference in his life, but by showing his God-given gift to those around him he made a pretty big difference in their lives. We all have special gifts...we are all swimmers in the same ocean. We are all common water but we can become Christ-like, we can become wine. Jesus may be able to turn our water into wine, but he can't turn our WHINNING into anything! So instead of complaining about the things we cannot change, let us find ways to better our part of the world and participate in daily miracles, making differences in common situations.

We are proud to welcome our key-note speaker Dr. John Sahadat, Professor of World Religions and Comparative Mystical Philosophies since 1970 at the University of Sudbury. When it comes to rating our LU Professors as bottles of wine, as many of you know, Dr. Sahadat is at the top of our vintage list.

The whole conference

experience includes much more than discussing on the theme. We want to create opportunities for Catholic students to interact socially and to share experiences from their own communities. Scheduled is a talent show, a visit to Science North (Sudbury's pride and joy), a mass with the bishop followed by a banquet and dance and other fun-filled events.

If your interested in taking part in this conference you can pick up a registration form at the **Laurentian Campus Ministry Office** in the Student Centre (room L228). The \$45.00 fee covers food, lodging and all activity costs. If you have any other questions or concerns please don't hesitate to reach me at home at 524-0549 or by email at S2100432@nickel.laurentian.ca. You can also contact Ron Perron at the University of Sudbury (673-5661 ext. 206). The form and fee must be returned to us by December 5th, 1997. Until then, I will be busy brewing the best wine you will ever taste with the rest of the planning team.

Minnow Lake-New Sudbury Cooperative Nursery School

The **Minnow Lake-New Sudbury Cooperative Nursery School** invites all interested parents, grandparents, friends and pre-school aged children to attend our **Open House** on Thursday, November 13 and Friday, November 14 from 9:30 to 11 a.m. at 553 Lavoie Street in Sudbury.

Contact: Jocelyn at 560-3459 or Cheryl at 566-7796. Jocelyn Scott or Cheryl Sherran are also available for addi-

tional information or for interviews.

The **Minnow Lake-New Sudbury Cooperative Nursery School** is a non-profit organization which is licensed by the M.C.S.S. A qualified Early Childhood Education teacher provides a stimulating program of daily crafts, games, physical activities, stories and songs. The program also includes several field trips (City bus station, Science North, etc...),

special visitors as well as Holiday parties.

Programs are offered to Toddlers (18 to 30 months) on Wednesdays from 9:30 to 11 a.m. and to Pre-School Children (2 1/2 to 4 years) on Mondays & Thursdays or Tuesdays & Fridays from 9 to 11:30 a.m. The Nursery School is located at 553 Lavoie Street in Sudbury.

Message from the SGA

by Christina Hayden
VP Services

It has been a busy couple of months and I apologize for not writing on a regular basis as to what is going on. Alcohol Awareness Week was a huge success. Over 350 students participated in the week's events. The kissing booth caught some people off guard but everyone seemed to warm up to the idea of free candy. The boat races proved to be both enjoyable and

entertaining (You CAN chug non-alcoholic beverages). Rub and coke was by far the funniest event. Students could not believe that they received a free pop and shoulder rub, all for FREE.

The shock treatment was on Thursday when most students were stopped by Sudbury Regional Police in a mock spot check. A garden of life was also held on Thursday. Over 80 students donated a dollar

and a tulip will be planted in their name at the front of the university. Every year the tulips will bloom and we will remember those whose lives have been affected by alcohol. The week ended with some entertainment; Mike Mandel on Friday and Jon Southworth on Saturday.

I would like to take this opportunity to thank the services committee for helping with the set-up and managing of these events.

Shkagamik-Kwe Health Centre

Shkagamik-Kwe Health Centre is pleased to announce that the centre will host an **open house** on November 10, 1997 between 10:00 am and 4:00 pm at 105 Elm Street. We welcome all community members to attend.

Shkagamik-Kwe is a culturally based wholistic health centre with a vision towards providing healing and wellness services for Aboriginal people. Services will be provided through four strategic directions which include: traditional healing, community outreach and educational programs, medical and other primary health care provider services within clinic facilities. The catchment area the Centre will service is the Regional Municipality of Sudbury with outreach programming to Wahnapiatae First Nation.

Off-Campus Students

Have you always wondered how was life in residence? Would you like to experience life in residence? At Lucien Matte Residence of the University of Sudbury, we have a few empty beds. If you wish to experience life, we would be happy to accommodate you for one week for no fee. To apply for this experience, contact Ronald Perron, 673-5661.

Classified

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410-PREP.

ANNOUNCEMENTS

November 7: Thorneloe University's annual Convocation will be held Friday, November 7, at 7:30 p.m. at the Church of the Epiphany, 85 Larch St. Being honoured are Kaileen Chrichton, founder of the Sudbury Soup Kitchen; Nicholas Farkouh, former chair of the Board of Governors; and Prof. Stephen Waddams, U of T., who will also address Convocation. Everyone is welcome. Info: ext. 1052.

November 7: The U of S will hold its Convocation on Friday, November 7, at 7:30 p.m., in the Alphonse Raymond Auditorium. Special tributes of appreciation will be rendered to several colleagues and, scholarships and bursaries will be awarded to deserving students. Everyone is welcome. Info: ext. 1053.

November 8 & 9: A pow wow, with host Chi-Hoodin, will be held on Saturday Sunday at 10 a.m., in the Great Hall. Info: ext. 1051.

November 11: Campus Ministry is inviting everyone to the **Remembrance Day Celebration** on Tuesday, November 11, at 11 a.m. at the Student Centre. Rembering wars and longing for peace. Info: 673-5661.

November 16: A visit to Cecil Facer Correctional Centre, to support young offenders during their sentence, is organized for Sunday, November 16. Info: Chaplain's Office, room L228 or Ronald Perron, s.j., 673-5661.

November 18: The Midwifery Education Program will hold an Information session on Tuesday, November 18, from 6 to 8 p.m., in room 105, in the Health Sciences Education Resource Centre. Find out what Midwifery is all about; hear about Midwifery from a practicing midwife; find out about the admissions process and criteria, and get student's view of the program. Info: ext. 3950 or ext. 4822.

November 20: Deadline for submissions to La Galerie du Nouvel-Ontario (ONG). La Galerie du Nouvel-Ontario (GNO) is organizing an exhibition without jury, entitled Le Nouveau Louvre, to be presented November 22nd to December 20th 1997. This will be a unique opportunity for artists to exhibit and sell their work(s) of art while helping the GNO raise some funds.

Le Nouveau Louvre is a fund raising activity for the GNO. Each work of art will be up for sale for \$100 and the profits will be divided equally (50/50) between the GNO and the artists. For more info. call 673-4927.

November 22: The Pub Downunder is hosting the **Brian Clark Memorial Curling Bonspiel** on Saturday, November 22, beginning at 8 a.m., at the Sudbury Curling Club. The registration fee, \$40 per team, is accepted at the Pub Downunder. Transportation will be provided. Info: ext. 6547.

November 26: Legal Aid will be available to **SGA students free of charge** on Wednesday, November 26, from 1 to 4:30 p.m. To book appointments or more information, call 673-6547 or visit SCE212, in the Student Centre.

November 27: Dinner in honour of Dr. Ross Paul

Laurentian University and the Rotary Club of Sudbury Sunrisers are proud to co-host a dinner in honor of Laurentian University President, Dr. Ross Paul, at which Dr. Paul will receive Rotary International's highest honour. This will also be an occasion for the University and the members of the community to bid farewell to Ross Paul and his wife, Jane Brindley.

The farewell dinner for Ross Paul will be held in Laurentian's Great Hall on Thursday, November 27, at 6 p.m. The Rotary Club of Sudbury Sunrisers will present Dr. Paul with a Paul Harris Award from Rotary International in recognition of his many contributions to the Sudbury Community and to education.

Dr. Paul is leaving Sudbury in late December to become President of the University of Windsor.

Tickets to the dinner in honour of Ross Paul are available for \$40 each; tables of eight may be reserved for \$320. For tickets, please call Gisèle Pageau at ext. 3407. Tickets will be delivered upon receipt of payment.

ANNONCES

7 novembre: La Collation des grades de l'Université Thorneloe aura lieu le vendredi 7 novembre, à 19 h 30, à l'église Church of the Epiphany, située au 85, rue Larch. Kaileen Chrichton, fondatrice de la soupe populaire de Sudbury; Nicholas Farkouh, ancien président du conseil des gouverneurs; et Stephen Waddams, professeur à l'U de Toronto, y seront honorés. M. Waddams, présentera aussi l'allocution principale. Bienvenue à tous. Info: poste 1052.

7 novembre: La cérémonie spéciale de l'U de S aura lieu le vendredi 7 novembre, à compter de 19 h 30, à l'auditorium Alphonse-Raymond. Au cours de celle-ci, des témoignages de reconnaissance seront rendus à plusieurs collègues, et des bourses d'études de reconnaissance seront décernées aux étudiants primés. Bienvenue à tous. Info: poste 1053.

7 novembre: Le Pub Downunder présente une soirée de jazz le vendredi 7 novembre, de 16 h à 19 h. Bienvenue à tous. Info: poste 6547.

8 & 9 novembre: Un "pow-wow", auquel le joueur de tambour Chi-Noodin, aura lieu le samedi 8 novembre et le dimanche 9 novembre, à 10 h, dans le Grand Salon..

11 novembre: Le service de pastorale vous invite à la **célébration du Jour du souvenir**, le mardi 11 novembre, à 11 h 00, au Centre étudiant, en souvenir de la guerre et avec le désir de la paix. Info: 673-5661.

16 novembre: Le dimanche 16 novembre, visitez l'**Institut correctionnel Cecil Facer** et témoignez de votre soutien aux jeunes contrevenants qui y purgent une peine. Info: Bureau des Aumôniers, salle L-228 ou Ronald Perron, s.j., 673-5661.

18 novembre: Le Programme de formation des sages-femmes présente une session d'information le mardi 18 novembre, de 18 h à 20 h, au Centre de ressources pour l'éducatin en matière de santé, pièce 105. Venez découvrir tout ce qui concerne la profession de sage-femme, écouter une sage-femme parlée de la profession qu'elle exerce; renseignez-vous sur le et les critères d'admission et écouter le point de vue d'une étudiante du programme. Info: poste 3950 ou poste 4822.

22 novembre: Le Pub Downunder présente le **Bonspiel commémoratif de Brian Clark** le samedi 22 novembre, à compter de 8 h, au Sudbury Curling Club. Pour vous inscrire, adressez-vous au Pub Downunder. Les frais d'inscriptions sont de 40 \$ par équipe et la transportation sera fournie. Info: poste 6547.

26 novembre: Des services juridiques gratuits seront disponibles aux membre de l'AGE le mercredi 26 novembre, de 13 h à 16 h 30. Pour prendre un rendez-vous ou de plus amples renseignements, présentez-ous au bureau SCE212, au Centre étudiant, ou communiquez le bureau au 673-6547.

27 novembre: Dîner en l'honneur de Ross Paul

L'Université Laurentienne et les Sunrisers du Club Rotary de Sudbury sont heureux d'organiser un dîner en l'honneur de M. Ross Paul, recteur de l'Université Laurentienne. Ce repas, au cours duquel il recevra le plus important prix de Rotary International, sera aussi une occasion pour la Laurentienne et les membres de la communauté universitaire de dire ses adieux à Ross Paul et à Jane Brindley.

Le dîner d'adieu aura lieu dans le Grand Salon de l'Université Laurentienne jeudi le 27 novembre, à 18 h. Les Sunrisers du Club Rotary de Sudbury présenteont à M. Paul le prix Paul Harris de Rotary International en reconnaissance de ses nombreuses contributions à la collectivité sudburoise et au monde de l'éducation.

M. Paul quittera Sudbury à la fin de décembre pour devenir recteur de l'Université de Windsor.

Les billets sont en vente au coût de 40 \$ et il est possible de réserver une table de huit pour la somme de 320 \$. Veuillez communiquer avec Gisèle Pageau au poste 3407. Les billets seront envoyés à la réception du paiement.

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Resistance and a Common Vision: Ovide Mercredi delivers keynote address

by Norman Shields

News Editor

"What will I talk about? There are so many things that we can say to each other - the people - but I think we have to remind ourselves that we have not been very good at keeping up the conversation."

With that, Ovide Mercredi delivered his keynote address to launch Laurentian University's Native Awareness Week, here on Monday.

The theme of Mr. Mercredi's address, was the separate historical journeys of Native and non-Native Canadians. The separateness, he says, was recently confirmed by the United Nations when Canada was declared the best country in the world in which to live.

"They have found their dreams upon our land. They have built their Utopia upon our land...Apparently we live in the best country in the world - but where is that 'best country' for us the First Nations? I don't know, because I don't see it."

Mr. Mercredi believes that Natives and non-Natives should develop a common vision. He pointed to the current conflict between Ontario teachers and Mike Harris as indicative of the alternative. He said that, like Ontario teachers in relation to the Harris government, Native peoples approach their relationship with the government from a power deficit. Despite the parallel, he hastened to add that Native peoples do not even have the economic power of teachers with which to fight for their rights. Native peoples are then left only with

demonstrations and protests as the vehicle to advance their grievances.

Mr. Mercredi is concerned about the re-birth of "equality" dogma, this time from the Reform Party. Although unopposed to equality, as such, Mr. Mercredi does not believe that the various privileges specified in the Constitution to all sorts of people are likely to be abolished. He mentioned French and English language rights in particular.

And yet, part and parcel to equality is individual rights - to the exclusion of collective rights,

known in Canada as "special status".

"Where are these people coming from who argue that it's [individual rights] going to be good for us when the reality speaks to the reverse?"

For Native peoples, according to Mr. Mercredi, the abolishment of their collective rights in exchange for full individual rights will ensure the end of traditional treaty rights and the right "to be different."

"I don't like it, myself, when someone says to me 'Forget about your land'. I can't forget. I can't do it. I cannot forget the land," he said.

Mr. Mercredi went on to describe the attempts by successive Canadian governments to destroy aboriginal culture, language and spirituality. And although the education

system has been receptive, of late, to more appropriate education models for Native peoples, there is more to be done.

"See these young people here, who are getting an education now. That's not good enough. I have an education. I need also to know my people, and their history. I need to know my culture more, not just my language, but the spiritual traditions that were made against the law by the Canadian government."

In the past, the Canadian government has banned such Native religious ceremonies as the Sun Dance (Prairies) and the Pot Latch (British Columbia). Knowledge of these half-buried traditions, according to Mr. Mercredi, will give the Native Canadian a "complete education".

Through the complete education, Mr. Mercredi believes that Native peoples will be better able to stand together in peaceful resistance for the affirmation of Native rights. Mr. Mercredi has long been opposed to the "incremental approach" of negotiation between the federal government and Native peoples. The incremental approach involves individual bands negotiating their specific issues with the government. Mr. Mercredi has, in the past, likened this approach to "divide and conquer."



Ovide Mercredi delivered the keynote address, as Laurentian University launched its Native Awareness Week. Mr. Mercredi is the past-National Chief of the Assembly of First Nations.

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VOYAGING

HOME

-The swimming team will be hosting the Universities of Guelph and Queens Saturday at 12:00pm.
-The Hockey team will be hosting the University of Queen's on Saturday and RMC on Sunday, both games are at 2:00pm.

AWAY

-The Men's Volleyball team will be traveling to Toronto to battle the York Yeoman.
-The Womens Basketball team will be traveling to the Concordia Tournament in Montreal.
-Brian English will be attending the CIAU national Cross-Country Championships at Western.

Volleyball Vees beat the Ryerson Rams

by Jason Stevenson
Sports Editor

What a nail bitter. Last Saturday your Laurentian Voyageurs Volleyball team beat the Ryerson Rams 3-1 in a series of four close games that had the crowd on edge of their seats.

In each game the Vees came out strong, dominating the Rams all over the court. But it seemed like once they were comfortably in the lead they would let up and the Rams would come back and make a game out of it.

At one point in the third game the Vees enjoyed a 13-2 lead, then let the Rams come back to take the game 17-15. The Vees were in great form but seemed to have trouble finishing off the lowly Rams.

Alain Arseneau was a force on the court as always for the Voyageurs, making kill after kill, and controlling the tempo of the game for the Vees. Arseneau was magnificent to watch, he marshaled the team well and was constantly making the Rams wish he was on the bench. At one point while spiking the ball on a kill, Arseneau appeared to almost hang in the air for a second before sending the ball on a high speed collision with the floor.

While Arseneau dominated the offensive side of the net, Serge Lesperance was a wall that the Rams had difficulty getting by. Lesperance blocked shot after shot and owned the net.

If there was an award for the most heads up player on the court it would have gone to Jeff Van Dyke who on more than two occasions saved his Vees from being scored against with heads up play and lighting like reflexes.

Rookie Adam Marlot was one of the shaven headed rookies on the court consistently and proved why with an excellent display of talent and vigor. Marlot made some defensive mistakes but more than compensated for them with his offensive abilities.

With seven rookies on the team the Vees only problem seems to be getting the team to think together. On several occasions the ball passed between two Vees, the result was a sigh and an exchange of looks. Hopefully as the team plays together more these little miscues won't happen.

If these little misques are costing the Vees points against the lowly Rams, its going to kill them against quality teams in the OUA.

All in all it was a good match that the Voyageurs won in fine fashion in front of a great crowd, that included most of the Men's Basketball team, who were quite vocal in cheering on their volleyball brethren. Hopefully the this years volleyball team can aspire to the success that their basketball counterparts enjoyed last year, Good Luck Guys!

Come on out, on Sunday and watch the boys take on the Yeoman of York at 7:30pm.



Serge Lesperance, 14 kills and 5 blocks

Women referees join NBA

(NEW YORK) - Dee Kantner and Violet Palmer will wear the same jerseys, blow the same whistler and be held to the same standards as their colleagues.

When there's a fight on the court, they'll be expected to use their best judgment whether to intercede.

When a player or coach gets too demonstrative, they'll be expected to signal a technical foul.

Kantner and Palmer are among the NBA's newest officials. On Tuesday, they became the first women hired to officiate regular season games in a major men's professional sport.

"We had them in one exhibition game, and I don't see any difference in the female and male referees," said Donnie Walsh, general manager of the Indiana Pacers. "I think its going to be fine."

Major league baseball has considered hiring a female umpire but has yet to promote one out of the minors.

The NHL and the NFL have always had all-male officiating crews.

Montreal soccer referee Sonia Denoncourt has worked A-League and international games.

Kantner and Palmer were among five new referees added to the leagues 58 member officiating staff. Another seven refs didn't make the cut.

"They've gotten better each time out," said Rod Thorn, NBA vice-president of operations. "Just like other referees, they've come back from the summer, had training camp and preseason and have gotten used to being out there."

Kantner, 36, was supervisor of officials in the WNBA. She also has refereed four women's college championship games.

Palmer, 33, was an official in the WNBA.

In keeping with league policy, the NBA would not say which games they would be working

Kantner and Palmer have been working exhibition games the last three weeks. They also officiated preseason games last year.

"I don't have a problem with it" said Utah Jazz coach Jerry Sloan, Whose team's exhibition game against the Phoenix Suns was officiated by Palmer and two male refs.

"She was trying to be really involved in the game. I got on her about an illegal defense call and said something to her from across the court. She didn't respond and kept going about her business."

The hiring had been expected since the league sent a memo to teams during the summer ordering them to set aside a spare room for female officials. Thorn said no other accommodations have been made.

"I think it's great," said Toronto Raptor coach Darrell Walker.

JIM vs. JIM part II

by Jason Stevenson
Sports Editor

Last week I reported that Jim Harbaugh in a fit of anger and insult punched retired Buffalo Bill quarterback and NBC sports caster Jim Kelly, because Kelly called him a "baby" on national television. During the altercation Harbaugh broke his hand, apparently on Kelly's head, or so he said.

Last week Jim Kelly released a statement saying he was never struck by Harbaugh during a confrontation last week and wasn't sure how the Colts quarterback broke his hand. "I don't know how he hurt

himself, since I never saw a punch and certainly did not get hit," Kelly said.

Kelly's statement seems to be an attempt to further insult Harbaugh. That or Harbaugh's story was an attempt to save what's left of his pride after being called a "baby."

Who are people suppose to believe, the "baby", or the most annoying man to ever play professional football. It seems more likely that Kelly in an attempt to save face is refusing to admit he was punched out by the younger Harbaugh.

It is also possible that after confronting Kelly, Harbaugh walked away and punched something, a wall, his car or something. Then realizing his hand was broken decided to tell everyone the more flattering story that he broke his hand on Kelly's head, rather than on some inanimate object.

Regardless of who is really telling the truth, both Jim's have made this into a pathetic display of schoolyard behaviour.

Road Apples and other Fine Messes

by Fat Louis and Wockek

Wockek: HESCORES! Brad Marsh has just scored! The Leafs have won the Stanley Cup! The Leafs have won the Stanley Cup!...

Fat Louis: HEY! Wake up!

W: Who's there. Wha'da ya want? Please don't kill me.

FL: Easy there Foster Hewitt. You've been having those delusions of grandeur again.

W: Auntie Em, is that you?

FL: WAKE UP! you...you...HAB-LOVER!

W: Ahhhhh! I'm up...I'm up...and now I'm cheesed off. No one calls me a Hab-lover! No one.

Mysterious Voice: (Round 1) Brief interlude here folks, Fat Louis and Wockek have resorted to fisticuffs.

W: ...gasp...wheeze...you lost today kid, but that doesn't mean you have to like it.

FL: In your dreams junior. Speaking of losing, what's wrong with our Leafs?

W: Mats Sundin for starters.

FL: But whatever do you mean?

W: Plain and simple Lou, Sundin is not captain material.

FL: Yeah his "C" should stand for...

W: ...uh carrot?

FL: No you vegetable, "Clueless."

W: I completely agree Lou; not on the vegetable part, but the clueless part. Why in the world did our Leafs make Sundin captain?

FL: I guess Wendel must have been out of town.

W: No kidding, Clark is one of the best Leaf captains of all time. He's proven it in the past. Just because Sundin has considerable offensive talent, it shouldn't make him captain.

FL: When Clark wears the "C" it stands for...

W: ...uh cabbage?

FL: Someone's trying to be funny again. Like I was saying, before I was so rudely interrupted, with Clark the "C" is synonymous with "Commander."

W: Yeah and like his name even like starts with "C". Scary.

FL: Now that we have that settled, let us move on to some of our Leaf's other temporary problems.

W: Jamie Macoun

FL: 'Nuff said.

W: He's sure as hell ain't no Brad Marsh. I'd trade Macoun for a *Sleeman's Dark* at *Marshie's*. Ah hell, I'd even settle for a *Labatt's 50*.

FL: Continuing with our Leaf's shortcomings, they just can't seem to put

the puck in the net. It's not like they don't have chances; they just can't finish.

W: Kinda like that damn essay I have for ENGL 2255.

FL: Now, let's make the transition from offense to defense.

W: The Lou-ster, changing on the fly.

FL: What's the deal with our Leaf's defensive seizures? While competent at times, they are liable to collapse at the drop of a hat.

W: DAMN HABS!

FL: What?

W: Sorry, just thinking out loud again.

FL: Way to go Wockek, you've gone and derailed my train of thought. You stupid imbecile.

W: Whatever, you...you...HAB-LOVER!

FL: That's it, it's go time.

Mysterious Voice: (Round Two) Our primitive heroes have once again resorted to combative measures. Tune in again when our...

W: ...gasp...wheeze...Shut up you damn wraith, or I'm gunna kick your ass next.

FL: Easy Wockek, don't get cocky.

SPORTS NOTES

Laurentian Basketball Hits Top Ten

On Wednesday, the CIAU released the top ten preseason rankings in men's and women's basketball. Peter Campbell's Voyageurs hit the fourth place ranking while the Lady Vees are tenth in the country.

In men's basketball, McMaster is ranked first, Bishop's second and last year's National Champions, Victoria are ranked third. In women's basketball, the top ranking goes to the University of Western Ontario, who squeaked out an overtime win over the Lady Vees at the Lakehead Saxon Tournament.

Voyageur Volleyball Bounce Cambrian Shields

In a exhibition game on Wednesday night at Laurentian University, the Vees defeated Cambrian College four games to one with scores of: 15-7, 10-15, 15-8, 15-12, and 15-13. Veteran Alain Arsenault and rookie Adam Marlot led the team with 13 kills and 12 kills respectively.

Montreal to soon know result of Gay Games bid

by Stephanie Carriere
The Link

MONTREAL (CUP) — The 2002 Gay Games promise to bring more than just athletes to Montreal — the event will bring diversity, culture and cold, hard cash.

"The Gay Games are for everyone, not just gays," Montreal 2002 director-general Nicholas Pomerleau, said.

Montreal is competing with four other major cities in its bid for the 2002 Gay Games: Dallas, Long Beach, Sydney and Toronto. It is estimated that over 15,000 athletes will participate in the games, attracting 100,000 visitors to the city.

Though the games are backed by many gay and lesbian groups like The Bad Boy Club and Diversity, they aren't aimed solely at the gay and lesbian community.

"What we want to do is bring different cultures together," said Pomerleau.

The events at the games are very similar to those at the Olympics. There is also a very important social element to the games, with celebrations and parties held throughout their duration.

There is considerable support for the games in Montreal. Though a decision about the host city has yet to be made, there are over 3,000 volunteers helping organize the games.

"There is nobody we met that said they didn't want to support us," Pomerleau said.

Corporate sponsorships are also starting to roll in. Molson, Smirnoff, Musique Plus and local radio station Mix 96 have already pledged support for the games and it looks like more support is on the way.

"Big corporate companies are now public about it, and see that the games are important," Francois Perras, one of Montreal 2002's promoters, said.

It is estimated that the games will bring \$250-million into the city.

To promote the games and garner more support for them, the organizing committee has distributed postcards in establishments around Montreal. They are meant to be sent back to the organizers as a show of support, and more than 10,000 are expected to be returned.

The host city will be decided in Denver on Nov. 13.

The Gay Games were established in 1982 by Olympic decathlete Tom Waddell, and held in San Francisco. Since then the event has been held every four years in a different city. The first games were attended by 1,350 participants. It is expected that over 12,000 will attend next year's Gay Games in Amsterdam.

If Montreal wins its bid, it won't be the first Canadian city to host the Gay Games. Vancouver hosted them in 1992.

Dr. Jay's Supplement Review Whey Protein



The Shocking Truth About Whey Protein Advertorials!

The December 1995 issue of Muscle & Fitness Magazine had an advertisement formatted to look like an editorial entitled "The Shocking Truth About Whey Protein!" That contains an amazing amount of marketing science instead of real science. Although when you consider an advertorial is nothing more than a paid advertisement, you shouldn't expect real science. Following are some examples.

Sodium levels and "acid" treated whey

The authors claim that more than 50-70 mg. of sodium per 20-24 gram serving of whey protein clearly indicates that the whey is "acid treated." They describe this as a "sordid process that results in a denatured protein high in salt." (a sordid process?—Kind of makes you feel dirty just reading it.) There are a couple of problems with these statements. First of all, the commercial process of extracting whey protein from milk protein does not involve acid.

Milk protein is made up of approximately 80% casein and 20% whey protein. When the casein protein is removed during manufacture of cheese or casein, the whey protein remains in solution. It is then concentrated from less than 0.6% to a powder of over 80% protein in process that involves clarification (removal of residual cheese or casein), membrane filtration, diafiltration, evaporation and spray drying. No acid is used at all in this process. This can be verified by any quality industry manufacturer of nutritional powders.

Fox, P.F., ed. Developments in Dairy Chemistry Proteins, 1982-89. 1-4. Applied Science Pub. London

Now normally, when a reference is given, a specific page or pages from a specific journal or book, with a specific year are provided. This allows anyone who wished to verify the scientific accuracy of a certain statement or claim, the opportunity to do so. Clearly, "1982-1989. 1-4" is not very specific. As a matter of fact, the non-specificity of this reference makes it virtually impossible to verify the sodium/acid claim. How convenient.

The third problem is that the sodium content indicated on the label probably has nothing to do with whey at all. I may simply be added to balance out other electrolytes in the formula such as potassium. In a nutshell, the whole sodium/acid treated whey issue is not an issue. It is a joke.

L-glutamine and ammonia

L-glutamine shouldn't be added to whey proteins since "the free-form amino acid L-glutamine decays spontaneously in the presence of water into toxic amino" and "most protein powders cannot contain less than

about 3-5% moisture." The authors say that this is enough moisture "to trigger free-form L-glutamine's spontaneous degradation." The point in making this statement is to show the superiority of glutamine peptide vs. freeform L-glutamine as an ingredient in whey protein supplements.

It is true that in a live organism L-glutamine can be metabolized with the help of the enzyme glutaminase into ammonia and an amino group that can serve as the precursor for several amino acids including aspartame and alanine.

Biological Value

Biological Value is a measure of protein quality. It is based upon the amount of protein nitrogen that is retained once it has been absorbed. In a test of BV two nitrogen balance studies done: one before and one after protein is fed to the subjects. Nitrogen excretions in the urine and feces are measured then the BV is derived using the formula: BV = N absorbed / N retained X 100. Clearly determine BV is an involved process.

Generation Whey Protein

Marketing is a wonderful thing. You get to make up all sorts of neat stuff like how a certain mouthwash will improve your love life, or how a certain brand of soap will wake you up in the morning, or even how important it is to buy Seventh Generation whey protein.

What is Seventh Generation whey protein? The answer is that it is a **great marketing gimmick**. It is nothing more than a fancy way of describing the commercial process of extracting a finished whey protein from a sweet dairy whey.

Feel the Payne!

by Payne Morgan
Contributor

What a week, between midterms and agreeing to write this article every week from now on I think my stress levels are through the freaking roof.

Well boys what do you think about the two new female referees in the NBA, personally I think it's wrong to have woman refereeing in a league they can't play in. Let's face it there girls, they could never play in the NBA so why on earth should they be allowed to serve as officials in the league. I know half the guys who ref couldn't play basketball either but they might have been able to, but we know for certain that no woman will play in the NBA, so let them stay out of the officiating as well.

Your niece if you think that the NBA is doing this because they really think woman should be refereeing in their league. There doing it because how can any one treat the WNBA as comparable (which is not) to the NBA if woman can't officiate in it. In short, how can a woman play basketball if she can't ref it. It's all about marketing the WNBA because the NBA owns it. So if you actually

thought that this was some kind of great break through in sexual equality it's not, it's a big joke.

Does any one else see the coincidence that the first professional league to have women in it is the first professional league with a counterpart league for women.

The day the NFL has a girl referring is the day that the Americans actually elect a woman to the White House. Face it, it has nothing to do with equality and everything to do with marketing. The NBA is trying to convince its audience that woman are equal to men, if woman really were the NBA wouldn't have to try and prove it. Remember I'm talking only about athletics here, that's it, I don't want the Woman's Centre to hang me up by my #@!^*.

You know what else is bothering me, the CIAU is banning all the good football players, just because of steroids. I mean come on how are we suppose to compare with the Americans if we can't do steroids to. We'll never be able to match those Yankee bastards if we don't sticking needles in our asses to. Like there's no one in the NCAA on steroids. of course there are only there coaches try and protect

them instead of turning them in like our Canadian coaches do.

What are Canadian athletes suppose to do, they don't get athletic scholarships and now they can't take steroids. What's next, no creatine.

You know what else is really dumb, the gay games. that are being hosted by Montreal this year. What is it about homosexuals that are so different from the rest of us, that they can't compete in normal athletic games. I wonder what the events are going to be..., AHFFF I won't go there. But come on, in a time when everyone is preaching that gays are just like everyone else, they just have a different sexual preference, why should they disassociate themselves from the athletic community. I imagine there are a lot of gay professional athletes and that's fine. Imagine the response if someone hosted the heterosexual games, where all us straight people affirmed our sexuality.

If I've I've offended anyone, that's only because I your fooling yourself into thinking your a liberal. Like the tittle says: "I say what you think.."

Mount Allison plans annual drug-checks for athletes



by Michael Connors

SACKVILLE (CUP) — All varsity athletes at Mount Allison University can expect to be tested for performance-enhancing drugs at least once a year as the result of a new testing program introduced by the school's athletic department.

Details of the plan were released at a press conference in Sackville, N.B. last week, although the university has been testing its athletes since September through an agreement with a local laboratory.

Jack Drover, Mount Allison's athletic director, says the school decided to implement its own independent program because the one used by the Canadian Interuniversity Athletic Union (CIAU) tests only a small

percentage of athletes.

"It's not working because everybody is not screened," Drover said. "And until you adopt a process in which everybody is screened, it's not a perfect system."

This past month, four university football players — three in Ontario and one in Nova Scotia — tested positive for steroid use, and Drover says this shows the need for testing of all athletes.

"[Those results are] from testing a very limited number of student athletes," he said.

Drover says, however, that Mount Allison has not lost confidence in the CIAU's program, adding that the new program is intended to complement it. Mount Allison will still be subject to the CIAU's drug testing policy, and will use CIAU criteria in defining banned substances.

Mount Allison athletes who test positive or refuse to be tested will be given a four-year ban from competition, the same penalty meted out by the CIAU.

Drover says, however, that Mount Allison will not release publicly the name of students who test positive. The CIAU does.

But Casey Wade, spokesperson for the Canadian Centre for Ethics in Sport which tests university athletes on behalf of the CIAU, says there are dangers in not disclosing names.

"It's a closed system whereby

they're testing their own athletes," Wade said. "It's not open to public scrutiny. They may or may not issue names of athletes who test positive, so an athlete who tests positive at Mount Allison might go and play for another university and no one would ever know about it."

Wade adds that mandatory testing for all athletes establishes a system in which athletes are considered guilty until proven innocent.

"Doping control in Canada is founded on the principle that all athletes are considered drug-free until there's clear and conclusive evidence to the contrary," he said. "This system seems to suggest, by testing all athletes, that basically you have to prove your innocence."

Still, Wade says he supports the aims of the Mount Allison program.

"They want to try to address the problems with drug-free sport, and they're doing something proactively. [But] they're going about it in a flawed manner."

The centre conducts random testing of approximately 300 university athletes every year, focussing on high risk sports, such as football, during times of the year when steroid use is most likely. Wade says it isn't necessary to test all athletes if the tests are random and unannounced.

"Right now, 80 per cent of our tests are unannounced, [so] athletes don't know when we're going

to show up," he said. "They're playing Russian roulette if they think they can take steroids and get away with it."

Mount Allison is the only school in Canada to have its own independent drug-testing program. The University of Calgary ran a similar program in the mid-80s in which it tested all of its varsity athletes, but later cut the program because it became too expensive.

The total cost of Mount Allison's drug-testing program is still not known, according to Drover.

University of Ottawa football coach Larry Ring says very tough

measures are called for in the fight against banned substances especially since two of the recently suspended football players were from the U of O.

Ring says all varsity athletes should be given a lie-detector test at the beginning of each season, asking them if they have taken steroids in the past year. Anyone failing the polygraph would automatically be tested for banned substances.

"We need some sort of policy which tells athletes there's no way around it, and that's why I like the polygraph test," he said.

Ring says such a system is used in professional body-building in Canada and the United States, and that the chances of beating the lie-detector are 1 in 10,000.

Athletes of the Week

Male Athlete

Alain Arseneau-Volleyball

Alain Arseneau is a third year Human Kinetics student enrolled in the sciences de l'activitee physique et de la sante at Laurentian University. A native of North York, Arseneau spent many of his earlier years on the volleyball courts. A third year veteran player for the Vees, Arseneau has been a driving force for the team's success so far this year. During this past weekend, in the first home league game, Arseneau helped his team defeat the Ryerson Rams 17-16, 15-11, 15-17 and 15-7. Arseneau led the team with 29 kills and 9 digs. With this outstanding performance, Arseneau received athlete of the game honours.

Female Athlete

Stephanie Harrison-Women's Basketball

Stephanie Harrison is a third year student enrolled in the school of Human Kinetics at Laurentian University, studying in the Sports and Physical Education Program. A native of St. Catherine's, Harrison spent many of her early years on the volleyball and basketball courts. Presently, Harrison has a very important role on the Lady Vees basketball team of which she is a third year veteran. This past weekend the Lady Vees hosted the Laurentian Invitational where they took top honours. Harrison was a driving force to this tournament win. In each of their three games, Harrison was Laurentian's top scorer with 19 points, 16 points and 27 points. As well, she was honoured with athlete of the game in games one and three and was nominated as a tournament all-star.

Its A Start, But Its Not Enough!

by Jason Stevenson
Sports Editor

Well, as most of you know I have been complaining endlessly for the last few weeks about the quality of the weight room and the dangers with it. Last weeks article called the "killer bench" drew attention to a defective adjustable bench. I questioned whether Laurentian cared at all about our safety.... well they do, the bench was removed from the weight room. Now we can rest easy knowing that the next weight that falls isn't going to fall on one of our heads, or other sensitive areas.

Either my articles have reached someone in Administration or wave of common sense must have washed over LU, maybe it was in the snow, who knows.

The weight room is now a little safer, but not any better unfortunately. I don't mean to complain but wouldn't it make sense to replace the bench. I mean one adjustable bench in the weight room, there's going to be line-ups for the damn thing.

Laurentian has showed that they care about our safety in the weight room, lets try and make them care about the quality of it. Its fine to take things that are broken out of the weight room, but replacing them is the next step. I'm not saying here that there are no plans to replace the bench, only that if there are I hope it happens soon.

Lets face it how long is your workout going to be if you have to wait behind one or two people for the only adjustable bench in the weight room. Especially during times when the weight room is full and every one is doing "chest". It almost makes me wonder what 's more pathetic, the fact that three times someone was almost hurt before the bench was removed or the fact that some people are going to bitch because there's only one bench. Maybe someone out there is hoping they'll all blame me for the line-ups, Ow well at least I can't be blamed for a weight falling on someone's head.

I would like to address the female population of the student body now.

In almost every gym I go to, as soon as I walk in I see girls on the stair-masters, life-cycles, treadmills and rowing machines. In my experience women in gyms spend the bulk of there time on these cardio machines, because woman aren't usually as interested in bulking up as men are.

They prefer to tone and shape there muscles, through high repetition weight training and cardiovascular training. As I said, in almost every single gym I've gone to I've seen the girls on the cardio equipment. Every gym that is, EXCEPT LAURENTIAN.

I don't mean to be sexist but woman use various types of cardio equipment more than men, so do you think its fair that all that is provided for them at L.U are four Monark stationary bicycles.

I shudder to think of all the woman on campus who would use the weight room, that there tuition pays for and is suppose to maintain, if it had a wider selection of cardio equipment. In my opinion this does not seem like an equal representation of woman's interests in the Physed. Building.

Just as most woman would not stand for... sexism in the classroom, they should not stand for a obvious lack of attention to what woman utilize to keep fit in the 90's, that being the more modern cardio-equipment. Equipment that would also be used by the men in the gym as well.

So again I say, complain; write me a letter, start a petition, do something because the voice that's heard could be yours.

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NFL Midseason Awards

Jimmy Johnson put it best when he speaks of the 1997 NFL season. There are about four truly solid teams. The other 26 teams are all scrambling for the same thing — a break, an edge, some luck, a bounce.

All together it kind of makes for an interesting year. With the league so wide open, possibilities are strong for more variety than normal when it comes to pocking the best of the first half.

It means a lot of teams should have hopes for the post-season during the final week of the regular season. It means considering some of the best performances, stories and other potpourri of the first half is a thoroughly democratic process.

MVP: Terrel Davis, Denver

AfC rushing leader Davis is playing like a possessed man. As much as, if not more, than John Elway, Davis's defying the Broncos' singular mission to erase the bitter taste of that playoff upset at home to Jacksonville last year. Davis has been running as if he'll carry the team back to the Super Bowl on his own.

With 207 yards after the Broncos escaped the Denver blizzard and beat Buffalo in overtime, Davis brought the season total 1,067 yards — one of the fastest sprint to 1,000 yards in NFL history.

Honourable Mention: One vicious hit caused serious damage to his head, San Francisco's Steve Young is pushing all the buttons and making the 49ers look like they're ready to reclaim the NFC from Green Bay. This is a pick based more on intangibles than gaudy stats.

Best coaching job: Tony Dungy, Tampa Bay

Dungy and Miami's Jimmy Johnson took over their respective teams in 1996 and no one would have wagered at the time that Dungy would have as much success as J.J.

Since last year's 1-8 start, Dungy hushed critics who had a problem with his low-key manner. In the 15 games after that 1-8 stretch, the Bucs went 10-5 on their way to starting the season at 5-3. Dungy helped work the Tampa Bay area into a frenzy as the Bucs won eight straight at home before losing Oct. 19 to Detroit.

Honourable Mention: Jeff Fisher, Tennessee Oilers. The Oilers got off to a brutal start. No one came to their home games in Memphis. The whole season feels like a read trip. Fisher has calmly presided over players in the throes of an awkward relocation. The team is back in the hunt to go in the direction of the New York Giants, who a month ago were being dismissed.

Defensive MVP: Bruce Smith

Smith is playing about as well as he did last season when he was named the Defensive Player of the Year. So what's different? Smith might be had the player. His knees are killing him. Under normal circumstances he's be headed for surgery. Not now. There's a season to play. To his credit, Smith hasn't let down despite the physical pain and the emotional security of a six-year contract extension (28.2 million) signed at the beginning of the season. Honourable Mention: Minnesota's John Randle went through a streak of three games without a sack, then roared back. The Viking's stunts have helped the defense make steady improvement after a weak start.

Best Game: New England vs. New York Jets Sept 14

Bill Parcells was returning to the land he had saved first, spurned second. New England fans smelled blood. The New York Jets and Parcells smelled victory. They had tied the game with 31 seconds left in regulation, then recovered a fumble on the ensuing kickoff to set up a 29 yard field goal attempt with 16 seconds left to play. The Pat's Mike Jones came on too block it and kicker Adam Vinatieri won it with a 34 yarder in overtime. The final score: Patriots 27, Jets 24.

Honourable Mention: Kordell Stewart began to truly blossom when he threw three first-half interceptions, rallied the Steelers from a 21 point deficit and gave the Pittsburgh Steelers a 42-34 victory at Baltimore on Oct. 5th.

Best Rookie: Warrick Dunn, Tampa Bay

It's not hard to like Warrick Dunn. His balance and low center of

gravity are marvels. Did this running back ever get the credit he was due while at Florida State? Probably not. But people are taking notice now. He averaged 4.7 yards per carry through his first seven games. Nothing wrong with that.

Honourable Mention: We'll keep the discussion in the Florida State family, which produced Raven linebacker Peter Boulware. Despite a lengthy — and self induced — contract holdout that cost him time in training camp and a switch from the line to linebacker, Boulware has shown he can be a force for years to come.

Surprise Team: New York Giants

Oh, those New York football Giants (Always fun to say, even if the New York baseball Giants left the great metropolis 40 years ago). They have won five in a row since starting the season 1-3. What are they doing leading the NFC East, with a bye in the fold this week, to boot? They have taken pains to see what Danny Kanell can do. They are playing control football, limiting the time opponents can make things happen. Beating the Saints was one thing. Beating Dallas was another. Wild Card? Entirely possible.

Honourable Mention: Certainly the Buccaneers fall into this category. So would the Minnesota Vikings, to the many who figured Dennis Green might be the first coach to be fired (and not the first coach to threaten to sue his team's ownership).

Individual Effort: Barry Sanders

He faced the leading rushing defense at the time but Sanders didn't care. On October 12th he went to Tampa Bay and had touchdown runs of 80 and 82 yards. It took Sanders only 27 carries to rush for 215 yards. The effort helped him pass Jim Brown for fourth place on the NFL's all-time rushing list.

Honourable Mention: No one can blame Ohio State alum Eddie George for the lack of enthusiasm in Tennessee. In the Oiler's first appearance after their departure from Houston, George ran for 216 yards in Memphis against Oakland in the season opener. It happened in the half empty liberty bowl on August 31st.

Konstantinov & Mnatsakanov visit Red Wings practice

DETROIT — For the first time since a limousine crash critically injured them last summer, Red Wings defenseman Vladimir Konstantinov and team masseur Sergei Mnatsakanov sat and watched the team practice Saturday.

"(Konstantinov) is not able to skate now or to joke around, but after awhile he started to show some response," Wings center Igor Larionov told The Detroit News on Saturday. "I think it was good for him to see people around him who wish him well."

It was the first time the two had been to Joe Louis Arena since the accident June 13, six days after the Red Wings defeated the Philadelphia Flyers for the Stanley Cup. The two suffered serious head injuries in the crash in suburban Detroit.

LIMOUSINE DRIVER Richard Gnida pleaded guilty last week to

driving without a valid driver's license. He is scheduled to be sentenced Monday.

Konstantinov and Mnatsakanov remain hospitalized and undergo several hours of physical therapy each day. Doctors have said Mnatsakanov may never walk again and Konstantinov may never speak.

Viacheslav Fetisov, who was also in the limousine, suffered less serious injuries and returned to the team this season.

"On Wednesday, I was visiting Vlady and told him I was tired of driving there to see him and asked him if he was going to come and see me at the rink," said team trainer John Wharton. "He lifted his head up and nodded his head three times."

"It had to be tough on him because the last time he was here he wasn't in a wheelchair."

††Limo driver likely to receive jail time

Lady Vees successful at home

The Waterloo Warrior's opened up the Laurentian Invitational on Friday by defeating the Bishop's Gaiters 45-40 after coming back from a 26-23 deficit at the half. Leading scorers for Bishop's were Leanne Clarke with 13 points, and Cynthia Hitchcock with 9. Waterloo was lead by Jodi Hawley with 19, Jacalyn White with 8, and Mary Laphorne with 7. Players of the game were Leanne Clarke from Bishop's and Jodi Hawley for Waterloo.

In game # 2 on Friday, the Laurentian Lady Vees took to the court against Brock University. Leading at the half by a score of 46-28, they held on throughout the game to come out on top with a final score of 89-58. Leading scorers for the Vees were Stephanie Harrison with 19 points, Stephanie DeSutter with 17, and Shauna Conway with 14. Leading Brock was Sara Montague with 18, Nickie Thompson with 11, and Venessa Bozza who contributed 8. Players of the game were Stephanie Harrison from Laurentian and Sara Montague from Brock.

The second day of the Laurentian Invitational Women's basketball tournament had Brock University and the University of Waterloo facing off. Waterloo came back from a half time deficit of 37-41 to take the win over the Brock Badgers with a final score of 71-69. Top scorers for Waterloo were Jacalyn White with 23, Jodi Hawley with 13 points and Leslie Mitchell with 8 points. Leading Brock was Helena Degregorio with 11, Vanessa Bozza who contributed 12 points and Danah Delorenzi with 11. Players of the game were Jacalyn White of Waterloo and Helena Degregorio of Brock.

Game #2 on Saturday had the Lady Vees taking to the court against Bishop's University. With a half time score of 42-31 in favor of the Vees, Laurentian hung on to beat Bishop's University with a final score of 71-64. Leading the Vees to victory were

Stephanie Harrison with 16 points, Shelley Dewar with 14 and Stephanie DeSutter with 12. Top scorers for Bishop's were Cynthia Hitchcock who contributed 18, Jill Hachey with 13 and Melissa Lemay with 6 points. Players of the game were Stephanie DeSutter for the Lady Vees and Cynthia Hitchcock for Bishop's.

In the final day of the tournament, Bishops came away with a win over the Brock Badgers. Leading at the half by a score of 35-30, Brock came back in the second half to tie the game at 65 sending it into overtime. It was Bishop's, however, that came out with the 74-70 win. Leading scorers for Bishop's were Cynthia Hitchcock with 18 points, Courtney Romkey with 15 and Michelle Huneault with 12. Brock was led by Sarah Montague who contributed 18 points, Krissy Kort with 12 and Helena Degregorio with 11. Players of the game were Cynthia Hitchcock for Bishop's and Sara Montague from Brock. Bishop's finished the round robin tournament in third place with a 2-1 record. Brock finished fourth behind Bishop's with 3-0 record.

The Laurentian Lady Vees won the round robin tournament with a win over the University of Waterloo. Both teams headed into the game with 2-0 records. The game was tied at 30 at half time, but Laurentian came on strong in the second to take the win 67-56. Leading the Vees were Stephanie Harrison with 27 points, Stephanie DeSutter with 11 and Shauna Conway with 8. Top scorers for Waterloo were Jacalyn White with 22 points, and Jodi Hawley with 14. Players of the game were Stephanie Harrison for Laurentian and Jacalyn White for Waterloo.

Tournament All-Stars were: Stephanie Harrison and Stephanie DeSutter from Laurentian, Cynthia Hitchcock of Bishop's, Sara Montague of Brock, and Jacalyn White of Waterloo.

Woman's Intramural Hockey League

The registration for this year's women's intramural league will be held from Monday November, 24 to Wednesday November 26, or until the league is filled. There is room for only ten teams so registration is on a first come first serve basis. The cost per team is \$500.00. The season begins January 7, 1998.

Gamedays are Sunday, Monday and Wednesday and each team is guaranteed to play at least seven games in the season.

For more information contact:

Randy Pipher@ 673-3773 or

The Active Living Department, 675-1151 ext1018



Stephanie Harrison, scoring 2 of her 27 points